FOUNDATION DAY
2018
07TH NOVEMBER 2018
THOUGHT FOR THE MONTH

My Country before my Self should be your aim.

"मेरा देश मुझसे पहले"

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Swachh Bharat Mission has created a world wide impact during last 4 years. Our Prime Minister is conferred with “Champions of the Earth” Award by the United Nations.

Our Prime Minister dedicated the award to 126 Crore Indians who actively contributed in creating a better world by way of cleanliness programmes, tree plantation and generating alternate energy sources.

We, at the Bharat Scouts and Guides conducted cleanliness programmes, awareness activities, adoption of public places and monuments for creating impact on our environment.

I am happy that the Bharat Scouts and Guides, has adopted World Scout Environment Programme, Scouts Go Solar etc. to create a better Environment by local actions leading to low Carbon emission and heat radiation in day to day activities.

With best wishes of Diwali.

Dr. Anil Kumar Jain
National President
The Bharat Scouts and Guides completed 67 Years of service to the nation by contributing to development of young people across the country. We are celebrating our 68th Foundation Day on 7th November, 2018. We have endeavored in creating a better world by training our youth in various life skills. Every citizen is born with virtues, nurturing and developing them in the right direction is our mission.

We are proud of giving training to six millions of young people who apart from learning at various stages, now actively contribute to their communities. There are nearly fifty five million scouts in the country who have undergone training of scouting during their Youth. On this foundation day let us dedicate ourselves to seek support of those Scouts and Guides in community into action and take up nation building activities. We look forward to create platforms to associate all those Scouts and Guides with us in large numbers and participate in programmes such as Swachh Bharat Abhiyan, Skilling India, Beti Bachao Beti Padhao, Scout Go Solar, Scouts of The World Award and messengers of peace etc.

Our programmes and activities are being re-designed to accommodate the ever changing demands of our new generation with emphasis on skills, adventure and thrill. Efforts to provide vocational training with certification is being worked out with skill development agencies.

With foundation day greetings.

Dr. K.K. Khandelwal, IAS (Retd.)
Chief National Commissioner
Our history is of golden past. At world level Indians received four Bronze Wolf Awards i.e. Smt. Lakshmi Mazumdar, Sardar Lakshman Singh, Shri Lalit Mohan Jain-- all National Commissioners and Shri G. Ranga Rao Director.

The United Nations conferred “Peace Messenger” Award on Bharat Scouts and Guides. Our contribution to the project ‘Shelter for Homeless’ received International recognition. We stand at Second position in the membership of Guides and 3rd position in membership of Scouts at World level.

We contributed extensively to rebuild Uttarkashi, Odisha, Latur, Bhuj and Nepal, affected by Natural calamities in the past.

Our members contributed actively in rescue and relief operations in the recent floods and landslides in Kerala and Karnataka.

Our contribution to World level scouting and guiding and at Asia Pacific Regional level are recognized by both World Association of Girl Guides and Girl Scouts and World Organization of Scout Movement.

Our past demands a lot from us for development of our future generations through scouting and guiding. We have potentials to grow in terms of quantity and quality alike.

Our next foundation day coincides with festivals of lights "Diwali". Let us re-dedicate ourselves to the mission of creating a better world on this Diwali and pray for brightness in the life of all.

With Best wishes for Diwali and Foundation day.

-Editor

Congratulations

The Editorial board congratulates Kumar Ritesh Agarwal for winning YAMG elections of Asia Pacific Region held at Manila, Philippines during 9th APR Youth Forum

We are happy announce the nomination of Dr. K.K. Khandelwal to APR Finance Sub Committee.
Shri M.A. Khalid NC(S) nominated to APR Foundation Management Committee
Dr (Ms) Veena Pradhan nominated to Governance Sub Committee of APR, Dr. Cyrus Wadia, member APR Specialist Panel to AIS Sub Committee Shri Ritesh with represent YAMG in AIS Committee.
National Youth Forum

National Youth Forum was organised at Jagatpura, Jaipur (Rajasthan) from 12th to 16th September 2018. 245 Rovers and Rangers from 23 States of Bharat Scouts and Guides participated. The registration began at 8.00 am on 12.09.2018. The event was hosted by the Rajasthan State, BSG with the support of the National Headquarters, New Delhi under the Leadership of Shri Amar B. Chettri, Deputy Director (BP).

Youth Forum provides a platform to young people to channelize their innovative ideas that addresses issues of National and International importance.

The Event started with the Flag Ceremony followed by the Inaugural Ceremony. Shri N. Panwar State Commissioner (Rover), Shri S.M. Verma, IAS, State Commissioner (HQS), Shri Bhaskar A. Sawant, IAS, State Commissioner (Scouts) and other dignitaries were present on the occasion. Welcome Address was delivered by Shri Kumar Ritesh Aggarwal, Chairman of the Youth Forum. Mr. Amar B. Chettri Deputy Director (Boy Programme) presented Introduction of the Youth Forum followed by the opening remarks by Mr. Syd Castillo, Director of the Educational Method, APR, WOSM. The cultural programme was presented by local Rajasthan cultural group.

The Integration Session was led by Mr. Amar B. Chettri, Deputy Director (BP), where he introduced each member of the steering committee to the Forum and invited Staff and enlightened the Forum more about the Youth involvement and the purpose of the Youth Forum along with Mr. Madhusudan Avala who is actually “The Man behind the Curtain”. Finalising the ground rules of the forum by participants and followed by welcome dinner the first day’s programmes concluded.

On 13th of September 2018, programme started at 08:15 am with prayer followed by reflection & previous day’s report. Youth Engagement and Youth Voice led by Mr. Syd Castillo, Director APR and Better world frame work was led by Mr. Madhusudan. Guest Lecturer. Dr. R.C Sahani, Chairman of Samvedena Research Foundation, Jaipur, delivered a speech about addiction of drugs and young people. All the participants enjoyed campfire.

On 14th of September 2018, the session on Diversity and Inclusion was delivered by Mr. Analendra Sarma, ROC (S) followed by input session on SDGs (Sustainable Development Goals) by Mr. Laxmi Kiran. In the evening participants enjoyed Talent Night and Ethnic Fashion Show.

On 15th of September 2018, Forum begun introducing MoP in 07 different stations, which was led by Mr. Madhusudan Avala followed by input session in WSEP (World Scout Environment Programme) by Mr.
Bablu Goswami, ROC (S). A grand Campfire was organized in which Shri J. C. Mohanty, IAS, State Chief Commissioner, Rajasthan State BSG and International Commissioner (Scouts) Bharat Scouts and Guides was the Chief Guest and other dignitaries of Rajasthan Bharat Scouts and Guides were also present.

Last day of the Forum began with All Faith Prayer Meeting followed by Flag Ceremony. Shri J. C. Mohanty, IAS, State Chief Commissioner, Rajasthan State BSG and International Commissioner (Scouts) interacted with the young people and discussed various topics with them. He blessed the participants during the closing ceremony and presented mementos, certificates to resource persons and states. Mr. Syd Castillo shared his wonderful experience in his closing remarks.

The Forum came to an end by lowering the BSG Flag and singing National Anthem at 11:30 hrs. Mr. Amar B. Chettri conducted the Event with the assistance of invited staff and Youth Forum Steering Committee Members, who are going to represent the country in APR Youth Forum at Manila, Philippines in October 2018.

DIALOGUE FOR PEACE & BETTER WORLD FRAMEWORK

A workshop on Dialogue for Peace & Better World Framework Facilitator’s Training was conducted at Bharat Scouts and Guides, National Headquarters, New Delhi from 18th to 22nd September, 2018. Mr. Devraj Ghimire, Chairman, Asia Pacific Programme Sub Committee was the Resource person and Mr. Syd Castillo, Director Educational Method, APR, WOSM and Mr. Tan Sijie of Singapore Scout Association were the part of the Event. 28 State Organising Commissioners (Scout Wing) and ASOCs representing the different States of Bharat Scouts and Guides and the professionals of Scout wing of National Headquarters actively and enthusiastically participated in the workshop.

On 18th September 2018, training started with Prayer followed by lighting of the traditional lamp by Mr. Devraj Ghimire, Chairman, Asia Pacific Programme Sub Committee in the august presence of Mr. Syd Castillo, Director, Educational Method, APR/WOSM. Mr. Tan Sijie, Singapore Scout Association, Mr. Krishnaswamy R., Director, BSG, and Mr. Raj Kumar Kaushik, Deputy Director of Scouts (Project) and Administrative Officer, BSG. Mr. Amar B. Chettri Deputy Director (Boy Programme) BSG welcomed the Guests and the participants of the event. Flower bouquets were presented to the Guests.

Opening remarks of the event were delivered by Mr. Devraj Ghimire, Chairman, APR/WOSM. In his speech he explained the importance of the event.
The Course Objectives were delivered by Mr. Syd Castillo, Director, Educational Method, APR/WOSM. After lunch, a session on Conflict was taken by Mr. Saratraj, E, Coordinator DFP. The “Peace Building” main topic of the Course was led by Mr. Syd Castillo, Director, Educational Method, APR/WOSM, with too many interactive tasks and finally the last session of the day was presented on Identity & Culture by Mr. Tan Sijie of Singapore Scout Association.

On 19th September 2018, session started with the continuation of the topic of Identity and Culture led by Mr. Tan Sijie. A video was presented on the Danger of a Single Story which was very helpful in understanding how common perceptions and facts were told on for years.

Another important session on Dialogue, the understanding and its importance was delivered by Mr. Ghimire. On 20th of September, 2018, Explanation of Playing Dialogue Games in Hindi was presented by Shri G. Parameshwar, SOC(S) of Telangana State. The First session was on Dialogical Person by Mr. Devraj Ghimire, Chairman ARP Programme Sub-Committee. For understanding the topic a task was given to all the participants to know about the qualities of an Ideological Scout followed by another Task given in the form of a Triangle to understand that the Heart deals with Attitude, Head deals with Knowledge and Hands deals with Action. Ticket to Life session was delivered by Mr. Aroop Sarkar, Assistant Director, Northern Region. Sustainable Development Goal session was delivered by Mr. Syd Castillo, Director, Educational Method, APR/WOSM.

Scouts of the World Award & Patrimony session was delivered by Mr. Tan Sijie of Singapore Scout Association. The Award is given on the basis of Discovery and Voluntary Service. World Scout Youth Involvement Policy session was delivered by Mr. Syd Castillo, Director, Educational Method, APR, WOSM.

On 21st of September 2018, the Day began with Prayer followed by reflection presenting white Group and Report of the Previous Day by Red Group. The first session to connect Proficiency Badges and Scout Activities with SDGs was led by Mr. Madhusudan. International Peace Day was celebrated by the participants by actively and enthusiastically taking part in MoP activities.

On 22nd September, 2018, the Day began with Prayer followed by reflection presented by white Group and Report of the Previous Day by Green Group. Valedictory and Closing Function started with General salute. Director, Bharat Scouts and Guides, India presented flower bouquets and Scarfs to all the Distinguished Guests which include Shri J.C. Mohanty, IAS, International Commissioner (Scout) of BSG India, Mrs. A. Swer, International Commissioner (Guide), Mr. Syd Castillo, Director, Education Method, APR/WOSM, Shri G. Ranga Rao, Former Director BSG and Shri V.R. Ganathay, Former Joint Director BSG. Shri Krishnaswamy R., Director Bharat Scouts and Guides India delivered welcome address. Shri Ranjit Kumar Das, East Coast Railway and Shri Prakash Disoriya, Madhya Pradesh gave their impressions on the workshop. Certificates were presented to the Staff of National Headquarters who
rendered their good services during the workshop. Mr. Syd Castillo, Director, Education Method, APR/WOSM gave the closing remarks. Mementos were presented to the Distinguished Guests and overseas dignitaries. Shri J.C. Mohanty, IAS, International Commissioner (S), Mrs. A Swer, International Commissioner (G), Shri G. Ranga Rao, Former Director, BSG, Shri V.R. Ganathay, Former Joint Director, BSG also addressed the closing function and blessed the participants. Vote of thanks were presented by Shri Saratraj E. Coordinator DfP, followed by National Anthem. Shri Analendra Sarma, ROC (S), Southern Region was the Master of the ceremony.

NATIONAL LEVEL ENVIRONMENTAL AWARENESS CUM COASTAL TREKKING PROGRAMME

The Bharat Scouts & Guides, National Headquarters organised National Level Environmental Awareness cum Coastal Trekking Programme from 5th to 9th September 2018 in which 182 participants and staff from 25 State Associations participated. The event was hosted by Puducherry State BS&G. The Trekking programme was officially inaugurated on 05th afternoon after Registration and Flag Ceremony in a short and solemn ceremony at State Headquarters, Lawspet. In the evening, input session on “How to Pack Ruck-Sack during Trek” was organized.

On 6th September 2018, Trekking from Kopling to Madaviputhukuppam, Villuppuram was organized for about 17 Kilometers through the Sea-Coast. On 7th September 2018, a real and enjoyable Trek through the sea-shore was started in the morning covering 19 Kilometers passing through deep Coastal area and Fisher man`s Village. On 8th September 2018, participants trekked towards “Salt Lake” near Innasipuram, which is one of India’s second largest Salt producing area. In the evening, Valedictory function and Grand Camp Fire of the event were organized. Shri L. Kumar, I.A.S., Director of School Education, Govt. of Puducherry & State Chief Commissioner, Puducherry State BS&G was the Chief Guest. The participants presented a beautiful colorful cultural programme depicting different traditional cultures, Play-act on Community Development Project being under-taken by BS&G etc which were highly appreciable and laudable. During the entire trekking, the participants also undertook the mission “Swachh Bharat Abhiyan” by collecting the wrappers & plastic littered all around the Sea-Coast to convey the message to the Community towards Swachh Bharat Abhiyan.

Mr. Shanmugam, SOC (Scouts) and his team of Puducherry State BS&G worked with full dedication for the success of the event. This was the first National Event held in Puducherry State Bharat Scouts and Guides. The Trekking Programme was successfully conducted under the leadership of Shri Amar B. Chettri, Deputy Director (BP), National Headquarters duly assisted by the invited Staff Members from Karnataka and host Puducherry State.
Assistant Leader Trainers (Scout Wing) Course

The Course for Assistant Leader Trainers (Scout Wing) was held at NTC, Pachmarhi from 25th September to 01st October, 2018 in which 55 participants from 16 State Associations attended. Participants were given Patrol Library, Stationary, Thread, Needle, Duty Change, Pocket stripe. Course objectives and other formalities were conducted.

Subjects such as What is Scouting, Fundamentals of Bharat Scouts and Guides, Role, Function and Skills of Trainers, Formulation of Objectives, Designing a Course Programme, World Adult Resource Policy, Training Administration, Obtaining and Using Resources, Six Areas of Training, Group Dynamics, Creating Learning Experience during a Course, Principles of Communication, Human Relation etc. were conducted.

As a Pre-Course Assignment, all the participants have to submit 100 Anecdotes from Scouting for Boys in his own handwriting. The course was conducted strictly and participants acquired the knowledge, skill and attitude. The Grand Camp Fire was organised by the participants on 30th September, 2018 at 07:30 p.m.

On 1st October 2018 morning, All Faiths Prayer meeting was conducted and the course came to an end by lowering the Flag and singing of National Anthem after lunch. Shri M. S. Qureshi, Jt. Director, NTC was the Leader of the Course.

Pre-ALT (G) Course

Pre-ALT (G) course was conducted at NTC, Pachmarhi from 07th to 11th September 2018 in which 60 participants from 13 States and 07 staff members participated. The participants were divided into two groups - 'A' and 'B' comprising 32 participants and 28 participants.

Registration of the course was completed on the first day morning and settling down followed by Prayer & flag ceremony. The course was conducted as per Scheme of Training (G). Subjects such as Fundamentals of Scouting, 14 Programme ideals, Youth Programme, Teaching Method & Learning Process, Training & Testing, Counselling, How Adults Learn, Helping the course Leader, Free Being Me, Golden Arrow, PMSC, Roll Call Drill, were dealt during the course. 'Free Being Me' activities were also conducted.

On 10th September 2018, being the Pachmarhi Day, a Joint Programme was organized in Kunzru Hall along with the participants of Basic Adventure Leader Course & Pre – ALT Course (S). During the function tree plantation was organised in Queenie Park by the participants of the Course.

Ms. M. N. Machamma, Deputy Director of Guides (Leader Training) was the Leader of the Course for group 'A' and Dr. Shashi Jaishwal, LT (G) of Uttar Pradesh was the Leader of the Course for group 'B'.
The Bharat Scouts and Guides, National Youth Adventure Institute
National Youth Complex, Gadpuri, Palwal, Haryana

6th National Youth Adventure Programme
The Bharat Scouts and Guides National Youth Adventure Institute organized 6th National Youth Adventure Programme at National Youth Complex, Gadpuri, Palwal, Haryana from 24th to 28th September 2018. Total 297 participants (Students and Teachers) from Eastern Railway - 08, Haryana (Rewari, Mahendergarh, Gurugram) – 289 participated in this event. The biggest number of this camp was from Department of Education, Haryana.

Mr. Ram Kumar, Programme Officer was the Chief Guest at the time of opening ceremony of the camp. On 27th September, Grand Campfire was organised. Mr. Prem Bohera, BEO, Ballabghar was the Chief Guest and Ms. Anita Sharma, DPC, Faridabad was the Guest of Honour. The guests appreciated the colorful programmes.

Activities like Trekking, Obstacles/Adventure Bases Crossing, Archery, Rifle Shooting, Horse Riding, Water Activities, Fun Activities, Camp Fire and Artificial Rock Climbing and Repelling were conducted in two groups. Participants also visited Lotus Temple. Everybody enjoyed a lot. The Leader of the programme was Mr. Siddharth Mohanty, Assistant Director, NYC, duly assisted by Mr. Dhanraj Saini – OSJI and Mr. Shubhanshu Kumar Kori – OSQM along with the NYC and invited staff members. The camp was ended with National Anthem on 28th September.

During the programme period, teachers from Hassanpur, Palwal, Hathin,
Ballabgarh and Faridabad blocks also attended one day training programme for “Adolescence Education Programme Training.” The participants and teachers were given training on “Free Being Me.”

“Swachh Bharat Sundar Bharat Abhiyan”

On 01\textsuperscript{st} October 2018, first time in the history of The Bharat Scouts and Guides and under the “Swachh Bharat Sundar Bharat Abhiyan”, Mahindra Telephonics organized Cleanliness Drive at The Bharat Scouts and Guides, National Youth Complex, Gadpuri, Palwal, Haryana on the occasion of the 150\textsuperscript{th} Birth Day Ceremony of Mahatma Gandhi. Around 28 members from the Mahindra Telephonics along with their Managers rendered their valuable services to clean the campus of NYC with the collaboration of all the NYC and WR Staff Members.

Through this Cleanliness Drive, the 04\textsuperscript{th} year of “Swachh Bharat Sundar Bharat Abhiyan” was celebrated by Bharat Scouts and Guides with full enthusiasm launched by Shri Narendra Modi Ji, Hon’ble Prime minister of India.

Nominated as the National Headquarter Commissioner (Govt. Programmes)

Mr. B.N. Sharma, IAS, Chairman of the GST National Anti-Profitteering Authority has been nominated as the National Headquarter Commissioner (Govt. Programmes) by the Hon’ble Chief National Commissioner. Mr. B.N. Sharma born in a family of teachers, Post Graduate in Financial Management (Gold Medalist), Administrative experience of 33 years in the IAS, sectoral experience in Finance, Accountancy, Commerce and Business Affairs (10 years), experience in Industry (9 years), experience in Public Affairs (8 years), experience of working with International Bodies – UNICEF, World Bank Project and Swedish International Development Agency (SIDA), studied in 3 US Universities (Duke University – Tax Analysis and Revenue Forecasting, University of California Berkeley – Ethics and Governance, Harvard University – Senior Managers in Government) and has been convenor of the GST Law Drafting Committee, handled the 101\textsuperscript{st} Constitutional Amendment relating to GST and now the Chairman of the GST National Anti-Profitteering Authority since inception i.e. 01\textsuperscript{st} December 2017. He represented India on International Forums in FATF (Financial Action Task Force) meetings, handled Enforcement Directorate (ED) and FIU matters. Warm welcome to Mr. B.N. Sharma in the Scout Family.
Regional Events

Eastern Region
Regional Level Advanced Courses for Rover Scout Leaders and Ranger Leaders
Regional Level Advanced Courses for Rover Scout Leaders and Ranger Leaders were held at STP, Madhupur Eastern Railway from 1st Oct to 7th October, 2018. In Rover Leaders Course, 09 participants from 03 States and while as in Ranger Leaders Course, 10 participants from 06 States participated. The courses started on 1st of October in the afternoon with Flag Ceremony. After registration and during integration session participants were briefed in detail about the objectives of the course.

On 2nd of October, Birth Anniversary of Late Mahatma Gandhi “Father of the Nation” and Late Lal Bahadur Shastri, former Prime Minister of India was celebrated as Gandhi Jayanti and Shastri Jayanti by all the participants.

Training was given strictly as per Scheme of Training like Compass and Mapping, First Aid, Pioneering, Estimation etc. Ms. Ruby Parbat, ROC (G) conducted a workshop on “Free Being Me”- A Project of WAGGGS.

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Training was given strictly as per Scheme of Training like Compass and Mapping, First Aid, Pioneering, Estimation etc. Ms. Ruby Parbat, ROC (G) conducted a workshop on “Free Being Me”- A Project of WAGGGS.

On 6th of October, Swachh Bharat Mission Programme was organized at campsite. The participants of both the camps cleaned the whole campsite.

All Faith Prayer was held on 7th October and the courses came to an end after lowering the Flag and singing of National Anthem. Advanced Course for Rover Leaders was conducted under the leadership of Mr. Sumit Mukhopadhyaaye, ALT (R) of West Bengal and assisted by Mr. Santosh Kumar Tiwari, ALT (R) of East Central Railway.

Mrs. Namita Mohapatra, ALT (Ranger) from Odisha State BS&G was the leader of the Review Workshop on Strategic Plan – Vision 2024
Bharat Scouts and Guides, Eastern Region organised Review Workshop on Strategic Plan-Vision 2024 at East Coast Railway State Headquarters, Mancheshwar, Bhubaneswar from 28th to 30th September 2018 in which 24 District Officials from all the Districts and 3 staff members actively participated. The workshop was inaugurated by Shri Manas Kumar Poddar, Chief Workshop Manager in the presence of Shri L. Prem Kumar, Chairman, Rail Recruitment Cell and Shri R. R. Panda, Assistant State Secretary and Assistant Personal Officer (Welfare). Shri Ranjit Kumar Das, SOC (S) welcomed all the Guests and participants. Smt. Ashraf Jamali, STC (G) presented bouquets to Guests.

The review workshop was conducted on the lines of National Headquarters which is based on Strategic plan of East Coast Railway. The presentation on reflections and strategic plan was given by Shri Bablu Goswami, Regional Organising Commissioner (Scout), Eastern Region. Objectives were also reviewed to achieve vision 2024 on each area and a detailed action plan was also reviewed and formulated. Final recommendation was
prepared by the recommendation committee including Vision 2024. Strategic priority areas and action plan were formally presented to the State Organising Commissioner (Scouts) during closing ceremony for onward recommendation by the State Executive Committee to the State Council.

The review workshop was conducted by Shri Bablu Goswami, Regional Organising Commissioner (Scout), Eastern Region. State Level Review Workshop on Strategic Plan of Eastern Railway Bharat Scouts & Guides was held at B. C. Roy, Auditorium, Sealdah, Eastern Railway from 31st August to 02nd September, 2018 in which 30 District Officials from all the Districts and 5 staff members actively participated. III Sealdah. The key note of the review workshop was briefed by Shri Bablu Goswami, Regional Organising Commissioner (Scout), Eastern Region. The review workshop was conducted on the lines of National Headquarters. The Presentation on organisation, reflections and strategic plan was placed by Shri Bablu Goswami, Regional Organising Commissioner (Scout), Eastern Region after that SWOT Analysis was made. Objectives were also reviewed to achieve vision 2024 on each area and a detailed action plan was also reviewed and formulated. Final recommendation was prepared by the recommendation committee including Vision 2024. Strategic priority areas and action plan were formally presented to the State Organising Commissioner (Scout)/(Guide) during closing ceremony for approval by the State Council and State Executive meeting as early as possible.

Regional Level Basic Course for Ranger Leaders

Regional Level Basic Course for Ranger Leaders was held at Bihar State BS&G, District Training Centre, Babhindi from 10th to 16th of September, 2018 in which 20 Ranger Leaders representing 03 States participated. Shri Shrinivasa Kumar, State Secretary of Bihar State Bharat Scouts and Guides inaugurated the course as Chief Guest on 10th of September, 2018. All the participants celebrated Pachmarhi Day with full enthusiasm on 10-09-2018. Course was conducted successfully as per Scheme of Training and participants actively took part in all the activities like B.P. Six, Flag Procedure, Investiture Ceremony, Knotting, Lashing, Compass, First Aid, etc.

On 14th of September, 2018, Swachh Bharat Abhiyan was held at Satyachandi Mandir during Hike. During this camp Free Being Me activities were organized by Miss Ruby Parbat, ROC (G). The camp was successfully conducted by Mrs. Pushpanjali Mohapatra, LT (R) with the assistance of Mrs. Renu Kumari of East Coast Railway and Ms. Ruby Parbat, ROC (G).

Regional Level Handicraft cum Vocational Training Course

Regional Level Handicraft cum Vocational Training Course was held at Subham complex Vishakhapatnam, East Coast Railway, from 1st to 5th August, 2018. 106 participants from, East Central Railway, East Coast Railway, Eastern Railway, Odisha, South Eastern Railway and West Bengal State Associations and 04 Staff Members enthusiastically participated. The course started in the Morning of 1st August with Flag Ceremony. After registration and integration session participants were briefed in detail about the objectives of the course. World Scarf Day was celebrated on 1st of August with full enthusiasm and scout spirit. During the course the participants got the opportunity to learn different handicrafts and methods of
preparing different type of useful products, which can generate income and lead a better life.

On 4th of August, Mr. K.V.V. Narasimha, District Commissioner (Scout) cum Senior Divisional Engineer of East Coast Railway and Dr. R. Charumati, District Commissioner (Guide) cum Senior Medical Officer of East Coast Railway State visited the exhibition and blessed the participants and in the evening Grand Campfire was held, in which the dignitaries of East Coast Railway were present. The participants presented colorful cultural items.

On 5th August, Swachh Bharat Mission Programme was organized at Campsite. Scouts, Guides, Rovers, Rangers and Unit Leaders cleaned the Campsite by removing polythene and created awareness among local people. Training was given on Messenger of Peace and Free Being Me Activities.

All Faiths Prayer was held on 5th of August Morning and the course came to an end after lowering the Flag and singing National Anthem.

The Event was successfully conducted under the leadership of Mr. S.S. Ray, Assistant Director, Eastern Region with the help of Mr. C.S.K. Santosh of East Coast Railway, Smt. Paribhta Smandar of West Bengal and Shri S.K. Kismat of South Eastern Railway State Association.

**Northern Region**

Regional Level Standard Judging Camp for Scouts and Guides of Northern Region was held at North Central Railway, District Training Center, Jhansi, from 1st to 5th October, 2018 in which 103 participants from 06 States along with 10 Unit Leaders participated.

The camp was inaugurated by ADRM, Jhansi Division, North Central Railway. After a short and sweet opening ceremony, integration session was held. States were allotted space for camp craft and they started tent pitching, gadget making etc. in their respective areas. In the evening Campfire folk Song competition was organised.

On 02 September, 2018 after flag ceremony all the participants walked from venue to DRM office for Swachhata Abhiyan with Banner and slogans. Gandhi Jayanti was celebrated at DRM office by conducting All Faith Prayer. After All Faith Prayer, the participants returned to the venue via Railway Station. Flag Ceremony, First aid, theoretical and practical tests were conducted. In the evening Campfire Folk Dance competition was organised.

On 03 September, 2018 B.P. Six /Yoga, Pioneering Project, Backwoods Cooking, Mapping competition were organised. The Scouts and Guides showed their excellent skills in Pioneering and Backwoods cooking. All the states prepared delicious lunch for their patrols. In the evening patriotic Song and dance competitions were organised.

On 04 September, Drill and March Past competition, Colour Party, Camp Craft competition were held. All the states performed their level best. All the participants got the knowledge of “Free Being Me” and “Surf Smart”. In the evening a colourful Grand Campfire was organised where DRM – Jhansi Division, North Central Railway graced the occasion as Chief Guest and he presented Grade Certificates and participation certificates to the states. ADRM Jhansi Division, North Central Railway graced the occasion as Guest of Honour along with other distinguished guests. All the guests appreciated the programme presented by the Scouts and Guides.

On 05 September, 2018 All Faith Prayer meeting was conducted in the morning. Participants rendered service in the campsite. The memorable camp came to an end with lowering of BSG Flag and singing of National Anthem.

Mr. Anesh Kumar, Regional Organising Commissioner (Scout), Northern Region was the Leader of the camp. He was ably assisted by Ms. Usha Kushwaha, LT (Rn) Uttar Pradesh, Mrs. Manjula, ALT (G) Delhi, Shri Kamaljit Sharma, ALT (S) Haryana, Shri Sanjay Chaturvedi, ALT (S) North
Central Railway, and Shri Ravi Kant Sharma, Pre-ALT (R) North Central Railway. All the staff worked hard to make the event a grand success.

Regional Level Youth Forum
The Bharat Scouts and Guides, Northern Region organised Regional Level Youth Forum in the premises of Sant Hare Ram Das Public School, Phallain Mandal, Jammu from 25th to 29th September, 2018. 74 participants from 8 States participated.

The event started on 25th September, 2018 with Registration followed by Flag Ceremony and Integration session.

The Forum was formally inaugurated by Mrs. Nirmala Mahana, Principal, Delhi Public School, Jammu in the presence of Sant Hare Ram Das, Trustee Sant Hare Ram Das Public School, Mandal, Jammu as Special Guest. Shri I. D. Soni, State Commissioner (Scouts), Shri Ajay Sharma, Principal, Sant Hare Ram Das Public School, Mandal, Mr Mohammad Yasin Sheikh STC (Scouts) and other dignitaries were also present.

On 25th September, Elections for Youth Committee took place. The committee elected Chair Person, 2 Vice Chair Persons and Secretary.

The participants took part in all the activities like Debate, Youth Parliament, Group Discussion, Quiz, Ethnic Fashion Show etc.

In the Youth Forum, some important topics like Role of the Youth in the Society, Terrorism, Drug Abuse, Corruption, Personal Health, Yoga education and society, Role of Youth in decision making bodies at District/State/National and APR level etc. were dealt.

Free Being Me and Messenger of Peace were introduced to the participants. B.P. Six and Yoga were conducted during the forum. Participants rendered services in the campsite, which was appreciated by every one.

Many dignitaries visited the forum every day and interacted with the participants. They taught the moral Values of Life and extended their best wishes to the Rovers and Rangers.

Colourful cultural programmes were presented by the students of Sant Hare Ram Das Public School in the inaugural and valedictory function of Youth Forum. Miss. Shivangi Saxena, ROC (G) Northern Region was the Leader of the Youth Forum.

NORTH EAST REGION

Workshop on “Free Being Me” was conducted at Debargaon Higher Secondary School, District Kokrajhar, Assam from 8th to 9th September, 2018. The event was hosted by Assam BS&G, District Kokrajhar. The Region was allotted 05 Workshops and this was the first Workshop conducted in the Region. 37 participants from Districts of Kokrajhar, Chirang and Dhubri of Assam actively participated in the Workshop. The Workshop was conducted under the Leadership of Mr. Ambika Prasad Sarma, ALT(S) and was assisted by Mrs. Padma Guha Aggarwal, ALT(R), Mrs. Bijaya Deka, HWB(R) and Mrs. Gautami Rabha, HWB (G) of Assam State.

The event started on 8th September, 2018 9 am by Registration and then Flag & Integration Session, Camp Rules & Objectives, Introduction on Free Being Me Curriculum was taken. During the workshop practical activities and related videos were also shown to the participants.

All the activities and session were taken on audio visuals and manual basis which was enjoyed by the participants.

Southern Railway
Regional Level Survival Hike was conducted by Southern Railway State Bharat Scouts and Guides at District Headquarters, Kerala from 1st to 05th October, 2018 in which 20 participants attended.

The camp was formally inaugurated by Mr. O.R Kelu, MLA, North Wayanad. Mr. V.M. Balakrishnan, Vice President, Bharat Scouts and Guides District Waynad was the Guest of Honour.

Mrs. Sajina, Divisional Forest Officer, Social Forestry Wayanad also visited the event and explained about the Bio-Diversity of the earth and taught the participants about the Jungle rule and regulations. She also explained about Do's and Don'ts in the Forest areas at the time of hiking in the Forest.

Survival Hike was flagged off by Mr. P.M.Jimmi, Sub Inspector of Police. Participants went on hiking walked up to Mananthavady Bus stand and to Kattikulam.

On 4th October, the participants went on a hike towards Thirunelly Temple. On way they cleaned the campus of Sarvodaya Aided Upper Primary School.

Participants were taken back to campsite by Bus from Thirunelly Bus Stop. After lunch theory and practical session on Messenger of Peace was conducted and Registration in MOP was started.

Valedictory function of the event was organized on 5th of October, 2018 at 06:00 p.m. Ms. Shyni Michel, ALT (G) and National Council Member of Southern Railway State Bharat Scouts and Guides was the Chief Guest and other dignitaries of the State were also present. Rovers presented colourful cultural programmes which were highly appreciated by the dignitaries and others. Momentous were presented to all the participants. Shri Arun Chandra Patar, Assistant Director Southern Region was the Leader of Survival Hike.

The Bharat Scouts and Guides
1. How many Scouts participated in the rally to greet Lord & Lady B.P in 1921?
2. In which year the India Boy Scout Association was Formed?
3. Which organization was formed after merger of the Boy Scout Association of Madras & Indian Boy Scout Association?
4. Which organisation was started by Pandit S. R. Bajpai?
5. Who were the President & Secretary of Prayag Seva Samiti?
6. In which year Seva Samiti Boy Scout Association was formed?
7. When & Where the 1st camp of “All India Girl Guides Association” was held?
8. In which year All India Girl Guide Association became a full member of WAGGGS?
9. What is the name of First magazine of the Girl Guides Association?
10. In which year the India News sheet was renamed as the Indian Guide?
"Swachh Bharat Abhiyan"

Assam
Swachh Bharat Abhiyan activities were organised by the Bharat Scouts and Guides, Kamrup Metro District, J.N. College, Boko and Rovers and Rangers of Sapatgram college, Dhubri District, during September 2018.

Bihar
Bharat Scouts and Guides in Assam organised activities under the banner of Swachh Bharat Abhiyan. Activities such as cleanliness drives, cleanliness rallies, cleanliness campaigns, and cleanliness drive pachwada were conducted in different locations of Assam.

Delhi
Under the banner of Delhi State Bharat Scouts and Guides, various units participated in the Swachchta drive in different places of Delhi and participated actively in Swachchta Pachwada. SKV Samalka organised swachta pakhwada from 1st September to 15th September 2018. Guides of the school participated in the activities under the guidance of Mrs. Anita Devi (Guide Captain). A rally was also organised to make others aware about cleanliness.

Goa
Various schools of Goa State Bharat Scouts and Guides organised campaign on Cleanliness Drive. More than 313 Scouts and Guides participated in the Cleanliness Drive event. The slogans raised were -- "Clean Goa Beautiful Goa", "Swachh Bharat Nitoll Goem` `Keep Goa Clean and Green", `Ek kadam Swaachata ki aur`.

Kerala
Kerala State Bharat Scouts and Guides organised " SWACCHTA HI SEVA" in different parts of the State in which Scouts, Guides, Rovers, Rangers and Adult Leaders in large number actively participated. They cleaned

Eastern Railway
State organised the Road Rally on 15th September, 2018 under the supervision of Dr. Smt. Rupa Mukherjee. The Scouts & Guides conducted the awareness rally using banners and posters and covered the Railway Colony from Railway Loco Health Unit. They also cleaned the area. All the habitants had been educated for Clean India and they appreciated the venture.

Rally on Swachh Bharat Abhiyan was organised on 16th September, 2018 in which 50 Scouts, Guides, Rovers, Rangers and Adult Leaders actively participated. The programme was led by Shri Swapan Adhikari, Station Manager Eastern Railway, Barddhaman Railway Station area on 16th September, 2018. Scouts & Guides cleaned the Platforms and Railway coaches along with station area.
Railway Stations, School premises and other important public places. Their services were highly appreciated by the Government and Public.

उत्तर रेलवे
उत्तर रेलवे भारत स्काउट्स एवं गाइड्स जिला लखनऊ के सदस्यों ने स्वच्छता पक्षवाद बने अंतर्गत दिनों 15 सितम्बर, 2018 स्वच्छता अभियान में जमीन-जगह सफाई अभियान, नुक़कड़ नाटक आदि कार्यक्रम नागरिकों के बीच प्रस्तुत कर उन्हें स्वच्छता के प्रति जागरूक किया था। 2 अक्टूबर 2018 को महात्मा गांधी जी के जन्म दिवस पर मंडल रेल प्रबंधक ने गांधी जी की प्रतिमा पर पूजा चढ़ाकर नुक़कड़ नाटक का आयोजन कर सफाई की गई।

Mizoram
Swachh Bharat Activities were organised by Mizoram State Bharat Scouts and Guides in different places of Mizoram during September 2018.

N.F. Railway
Swachh Bharat Activities were organised by N.F. Railway State Bharat Scouts and Guides Badarpur Division, Dibrugarh, Lumding, Maligaon and Tinsukia Districts during September 2018.

North Central Railway
North Central Railway, District Allahabad organised Cleanliness Awareness Rally in connection with Swachhata Hi Seva Pakhwada on 14th and 15th September, 2018 in which 100 Scouts and Guides participated.

Odisha
Scouts and Guides actively and enthusiastically participated in Swachh Bharat Abhiyan organised all over the state. They cleaned Residential Areas, School Premises and other Public Places. Professor Ganeshi Lal, H.E. Governor of Odisha appreciated the services of Scouts and Guides.

Tripura
Swachh Bharat Activities were organised by Tripura State Bharat Scouts and Guides Tripura State during September 2018.

Western Railway
All the Districts of Western Railway State Bharat Scouts and Guides undertook various activities on “Swachhta Hi Seva” campaign from 15-09-2018 to 02-10-2018. Scouts and Guides undertook cleanliness of Streets, Railway Stations, Offices etc.
Reports from States

**Chhattisgarh**

Bharti Scouts and Guides, Chhattisgarh conducted a relief programme for flood affected people in Chhattisgarh. They collected Rs. 1,00,000/- and sent to the Chhattisgarh Relief Fund. More than 25 Scouts and 25 Guides participated in the programme.

**Goa**

Scouts & Guides of the State organised a relief programme for the flood affected people of Kerala. They collected Rs. 1,00,000/- (Rupees One Lakh) and the same was sent to Kerala Relief Fund. More than 25 Scouts and 25 Guides participated in the programme.

**Jammu and Kashmir**

J&K State Bharat Scouts and Guides, District Anantnag organised one day trekking programme at Government High School, Nussu, Qazigund in which more than 70 Scouts and Guides from different schools actively participated.

**Karnataka**

Karnataka State Bharat Scouts and Guides celebrated the Centenary of Late V. P. Deenadayalu Naidu, former National Commissioner, BSG India and State Chief Commissioner, Karnataka State, BSG during the year 2016-17 at State & District Level. State organized different National Level Events in his memory during 2017 such as National Rover Ranger Moot, National Integration Camp etc. Shri Venkaiah Naidu, H.E.Vice President of India was the Chief Guest in the closing ceremony of the Centenary Celebration of Shri V. P. Deendayalu Naidu at Jnanajyoti Auditorium, Bengaluru on 9th October, 2018.

100th State Council Meeting of Karnataka State Bharat Scouts and Guides was held at State Headquarters, Bengaluru on 19th September, 2018. Senior Office Bearers and State Council Members from all over the State attended the meeting. Shri H. D. Kumaraswamy, Hon'ble Chief Minister of Karnataka presided over the meeting. Shri P.G.R. Scindia, State Chief Commissioner welcomed Hon’ble Chief Minister of Karnataka and State Council Members. He presented the brief report of activities of the State conducted during the year 2017-18. On this occasion Special Logo of 100th State Council Meeting was unveiled by Hon’ble Chief Minister of Karnataka.

Shri H.D. Kumaraswamy, Hon’ble Chief Minister of Karnataka inaugurated new buildings.
namely Kondajji Basappa Auditorium, Abdul Gaffar Bhavan, Leela Ajanappa Bhavan, Senior Ministers of Karnataka, Government Officers and Senior Office Bearers of Karnataka State BS&G were present on this auspicious occasion.

मुख्य प्रदेश
कार्यालय कलेक्टर जनजाति कार्य विभाग जिला धार स्क्वाट थी सेवा अभियान के अन्तर्गत स्काउट्स गैड्स द्वारा भोज चिकित्सालय में साफ-सफाई का आयोजन किया गया उक्त सेवा कार्य कलेक्टर श्री दीपक सिंह के नेतृत्व तथा श्री बुजेश पाठे के मार्गदर्शन में किया गया।

उत्तर मध्य रेलवे
बैक वुडस्मैन क्रिकेट प्रतियोगिता शिविर सुहाय व यु.पू.से.बे.दार गंज, इलाहाबाद में दिनंक 09 सितम्बर 2018 को आयोजित किया गया जिसमे 50 स्काउट्स, गैड्स, रोवर्स एवं रेंजर्स ने भाग लिया। इस प्रतियोगिता में कुल 39 सदस्यों ने भाग लिया।

राजस्थान
राजस्थान राज्य भारत स्काउट्स एवं गैड्स जिला सीकर के विभिन्न स्थानों पर बाबा रामेश्वर मेला दिनंक 18 से 20 सितंबर, 2018 का आयोजन रामानुज स्वयं सेवा के विभिन्न स्थानों पर किया गया जिसमे 50 स्काउट्स, गैड्स, रोवर्स एवं रेंजर्स ने भाग लिया। प्रतियोगिताओ ने शिविर के दौरान जल सेवा, बीड नियंत्रण, स्वच्छता कार्य, प्रसाद वितरण, शृंगारुलू सोने का दर्शन करना तथा उद्दोषण कार्य में अपनी सेवाय दी।

स्थानीय संघ जोधपुर की ओर से मसूरिया मेला में विभिन्न कॉलेज व स्कूलों के 185 स्काउट्स, गैड्स, रोवर्स एवं रेंजर्स द्वारा विभिन्न सेवा कार्य दिनंक 10 से 19 सितंबर, 2018 का आयोजन किया गया जिसमे प्रतियोगिताओं को 810 घटना के सेवाय निर्णाय दी।

मेला के संपादन समारोह में मसूरिया मंदिर द्वारा एवं जोधपुर नगर पुलिस उपायुक्त परिचय श्रीधर सिंह, एडीसीपी सिंह, एडीसीपी सिंह, एडीसीपी श्रीमती सरिशा शिखर, एडीसीपी श्रीमती सीमा हिंदी भाषा एवं एडीसीपी प्रतिपादक राजस्थान विभाग के सभी प्रतियोगिताओं की सेवाओं से प्रभावित होकर उन्हें समृद्धिचिह्न एवं समाधान पद देकर समाप्ति कर प्रतिसाधित किया।

राजस्थान राज्य भारत स्काउट्स एवं गैड्स मंडल मुख्यालय बीकानेर के तत्तावाण में बैसिक गैड्स केंद्रस कोस्ट्स आयोजन किया जिसमे भारत स्काउट्स एवं गैड्स की उपायुक्त श्रीमती विमल मेवाल ने शिविर में ध्वजारोहण कर शिविर में भाग लिया। तत्त्वात्मक उत्सवों द्वारा विधि शिविर में गड़ी एवं प्रशिक्षण करने एवं बच्चों के साथ आगामी गतिविधियों में सक्रिय सहभागिता करने के लिए शिविर में बच्चों को भाग लिया।

सीमी राज्य जोधपुर एवं राजकीय आदर्श बस्किल का उच्च माध्यमिक विद्यालय, शास्त्रीय संघ जोधपुर के संयुक्त समारोह जो जोधपुर में गौरी जयंती के अवसर पर सर्वश्रेष्ठ प्रथमन दसा का आयोजन दिनंक 2 अक्टूबर, 2018 का भाग लिया जिसमे 29 विधि में 243 कब्र, बुलबुला, स्काउट्स, गैड्स, रोवर्स एवं रेंजर्स ने भाग लिया।

Odisha
Odisha State Bharat Scouts & Guides organized a Rally with the theme “Say No To Plastic”. More than 650 Scouts, Guides, Rovers, Rangers & staff participated in the Rally.

Birth Anniversary of Late Mahatma Gandhi “Father of Nation” and Late Lal Bahadur Shastri, former Prime Minister of India was observed as Gandhi Jayanti and Shastri Jayanti at Raghunath Sadan of the of State Headquarters Bhubaneswar in which 300 Scouts, Guides, Rovers, Rangers, Adult Leaders and Senior Office Bearers participated.

Anti Polythene Rally was organised by the State with the active participation of 500 Scouts, Guides, Rovers, Rangers and Adult Leaders.

Sikkim
State Council Meeting of Sikkim State Bharat Scouts and Guides was held on 3rd September, 2018 at Himalaya Pharmacy Institute, Majhitar, Rangpo Sikkim in which State Council Members from all over the State attended.

Western Railway
Scouts and Guides of District Vadodara rendered their services during “Shravani Mela” at Kashivishvanath Temple. First Aid and Fire Safety Programme was organised by the State in collaboration with Suzlon Energy Limited.

Western Railway BS&G, District Mumbai organised World Rose Day on 22nd of September, 2018. Scouts and Guides collected cash for cancer patients and the same was
Assam
International Peace Day was celebrated on 21st September, 2018 by the Assam State Bharat Scouts and Guides at Sapatgram, District Dhubri.

East Coast Railway
International Day of Peace was celebrated all over the State on 21st of September, 2018 in which Scouts, Guides, Rovers and Rangers in large number participated. The participants organized Peace Marches for awareness of the people and also participated in door-to-door campaign.

Haryana
International Day of Peace was celebrated on 21st September, 2018 at Brilliance World School, Panchkula, Haryana in which Scouts and Guides in large number actively participated. The Scouts and Guides spoke about the importance of the Day and shared their views on peace and kindness. The assembly closed with the singing of National Anthem.

Kendriya Vidyalaya Sangathan
International Peace Day was celebrated in all the Divisions of Kendriya Vidyalaya Sangathan with full enthusiasm on 21st September, 2018 in which Scouts and Guides actively participated. The day was celebrated in KV STC Shift 1 Jabalpur, KV BSF Churachandpur, Manipur in which Scouts, Guides, Rovers, Rangers and Adult leaders participated in large number. Scouts and Guides spoke on the importance of the Day and shared their views on how to maintain International Peace.

Meghalaya
International Peace Day was celebrated all over the State on 21st September, 2018 in which Scouts, Guides, Rovers, Rangers, Adult Leaders in large number participated. The participants pledged to spread the message of Peace and Harmony throughout the world through Peace Selfies.

Manipur
Manipur State Bharat Scouts and Guides celebrated International Peace Day all over the State on 21st September, 2018. Scouts and Guides from all the parts of the State actively participated. Scouts and Guides spoke on the importance of the day.

Mizoram
Mizoram State Bharat Scouts and Guides celebrated International Peace Day with full enthusiasm. Scouts and Guides participated in large number.

North Central Railway
North Central Railway, District Allahabad celebrated International Older Day at Railway Station Allahabad on 21.10.2018 in which Scouts and Guides in large number presented flowers to older persons at Station premises. North Central Railway, District Allahabad organised cleanliness drive and awareness campaign to mark the celebration of International Day of Peace.

Odisha
State celebrated International Day of Peace on 21st of September, 2018 at State Headquarters, Bhubaneswar in which 250 Scouts, Guides, Rovers, Rangers, Unit Leaders and Senior Office Bearers of the State participated. Shri K.P. Mishra, State Chief Commissioner was the Chief Guest of the function. State Level Workshop on “Free Being Me” was conducted from 30-09-2018 to 01-10-2018 at Saraswati Sishu Vidya Mandir, Keonjhar. In which 56 Unit Leaders participated.
Shri Abinash Gadnayak was the Leader of the Event. State Organised Road Safety Awareness Rally in the month of September, 2018 in which 250 Scouts, Guides, Rovers, Rangers and Unit Leaders participated.

**Tripura**

International Day of Peace was celebrated on 21<sup>st</sup> September, 2018 by Tripura State Bharat Scouts and Guides.

**Tamilnadu**

International Day of Peace was celebrated by Tamil Nadu State Bharat Scouts and Guides on 21-09-2018 at Bharani Park Scouts & Guides. Grand Peace Rally was organised with the active participation of Scouts and Guides. Senior Office Bearers of the State also participated and spoke on the importance of the Day.

Dr. C. Ramasubramanian, Member of the National Advisory Committee of the Ministry of Defence, Government of India spoke about the significance of World Peace Day and the role of Bharat Scouts & Guides as the chief agents of Peace in India.

The Bharat Scouts and Guides October, 2018 25
Role of AYUSH:
The Hon'ble Prime Minister has desired to spread India's traditional knowledge worldwide with credible systems which shall provide India the leadership in assuring quality of Yoga practices across the world. The Ministry of AYUSH in pursuance of declaration of International Day of Yoga recognized that there is a huge demand for Yoga experts at National and International level and identified Quality Council of India to develop a Voluntary Scheme for Evaluation and Certification of Yoga Professionals recognising that QCI has expertise in developing such quality frameworks based on international best practices.

Role of Government:
The Government has taken several steps to promote yoga in the country as follows:
The Government of India has approved and notified National AYUSH Mission (NAM) which inter-alia makes provision for the following:-

1. Co-location of AYUSH facilities at Primary Health Centers (PHCs), Community Health Centers (CHCs) and District Hospitals (DHS) including Yoga and Naturopathy.
2. Up gradation of exclusive State Government AYUSH Hospitals and Dispensaries including Yoga and Naturopathy.
3. Setting up of up to 50 bedded integrated AYUSH Hospital including Yoga and Naturopathy.
4. Upgradation of State Government Educational Institutions including Yoga and Naturopathy.
5. Setting up of new State Government AYUSH Educational Institutions including Yoga and Naturopathy in the State where it is not available.
6. Under the flexible components of the scheme of NAM, provision has been made for Grant-in-aid to the Yoga Wellness centers and Naturopathy hospitals.

Yoga impact on economy:
Yoga, Ayurveda and alternative medicine, as a separate sector in which 100% foreign direct investment is allowed. The Ayush ministry estimates the Indian wellness market at Rs 490 billion, of which 40% is wellness services. While yoga studios and apparel brands are wary of disclosing revenues, all of them are upbeat about growth. India is one of the leading exporters of mats and yoga accessories. "Of the products we manufacture, 99% is exported". Yoga accessories industry is worth around Rs 500-700 crore. Residents augment their income by renting their homes to yoga tourists, more yoga classes, Indians will be flying to other countries. Foreigners will flock to India to learn yoga.

Some Yoga poses and why they create happiness:
Pranayama:
Pranayama consists in developing awareness of one's breathing followed by willful regulation of respiration as the functional or vital basis of one's existence. It helps in developing awareness of one's mind and helps to establish control over the mind. In the initial stages, this is
Inversions cause increased extensor tone in the spine that has a positive effect on the limbic cortex (emotional centers) and frontal cortical functioning in the brain. In a headstand, pressure on the crown stabilizes the mood and the emotions.

Forward folds—The ultimate relaxer:
Forward folds seated or standing, they calm and relax the body.

Chest Expansion—Anxiety reducer:
Anxiety works in much the same way—your fears and worries hover around you all the time, preventing you from feeling confident and happy. The chest expansion backbend creates a sense of fearlessness. It exposes your heart in a safe and supported way.

Meditation pose—A great way to cleanse the mind and empty of the mental garbage:
The right type of meditation can provide profound rest to the physiology. Rest is nature’s way of dissolving stress and anxiety. The human body is designed to efficiently remove stress during sleep. However, in today’s world, stress is often carried over from day to day and people don’t sleep well. One of the most popular and effective meditations, the Transcendental Meditation (TM) technique, has been scientifically proven to produce relaxation in the body as well as brain wave. During the twenty minutes of meditation, a unique state of restful alertness is experienced which reduces stress and fatigue. Research indicates the TM technique contributes to peace and calm.

Conclusion:
Yoga and meditation are a natural way to happiness. Now-a-days, millions and millions of people across the globe have benefitted by the practice of Yoga which has been preserved and promoted by the great eminent Yoga Masters from ancient time to this date. The practice of Yoga is blossoming, and growing more vibrant every day.
asked the Chief Scout if he would go and see them. He went and talked to them. When B.P. asked the girls who they were? their leader replied that they were the “Wolf Patrol” of the Girl Scouts and they wanted to do Scouting like boys. He told them that Scouting was for boys and that he did not think they could well share the same. This was not very encouraging because there were two great objections in 1909 to small patrols of girls hanging on the Scout Troops. On the one hand, the public disapproved thinking it unsafe for girls and on the other the Scouts themselves did not want girls. But the girls would not be put off by discouragement. They collected a little sporadic groups and read “Scouting for Boys”. They dressed up in Scout hats and belts and under the leadership of one of themselves they started to work the Scout tests.

The Chief himself realized that the new Scout Movement would not attract the type of boys he wanted, if girls were to be part of the organization. And he decided that if they wanted to join in they should have their own name and movement and a programme suited to their needs, and that the Movement for girls should be run the work of adapting the book “Scouting for Boys”.

That year the Guide Movement was formally founded with the establishment of the Girl Guide Association (UK).

In the year 1928, the World Association of Girl Guides and Girl Scouts was formed and as on today there are 140 member countries affiliated to it.

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**CRYSTAL PALACE RALLY**

*(Girl Guiding, How Born)*

Taking the Brown Sea Experimental Scout Camp as a model, other camps had been organised in Britain with equal success. The thought gradually formed that it would be interesting to take a poll of public opinion organizing a Scout Meeting on National level. A rally call was sent out to all British Scouts to assemble at Crystal Palace, London on Saturday 4th September 1909 for a Display and March past. The result was a resounding success. More than 10,000 boys from every part of United Kingdom dressed in Shorts, Shirts, broad rimmed hats, scarf and staff, a uniform adapted by Scouts themselves in imitation to what B.P. had worn in South Africa, responded to the call and assembled. They put on a display of their Scout prowess that echoed throughout the land. B.P. was more than gratified with the number and enthusiasm of the troops which attended and the standard of proficiency which they showed in their work.

That day rain was threatening. So the scouts were assembled inside the Palace and the March past was arranged. They were counted as they entered at one door and went out at the other. Some (7) Girls also came in Scout Uniform. They wore the Scout hats and scarves with their feminine dress and carried poles (staves). They had arrived uninvited and insisted on joining the rally as they declared they were Girl Scouts and knew the Scout Tests. After the March Past, they sent a message and asked the Chief Scout if he would go and see them. He went and talked to them. When B.P. asked the girls who they were? their leader replied that they were the “Wolf Patrol” of the Girl Scouts and they wanted to do Scouting like boys. He told them that Scouting was for boys and that he did not think they could well share the same. This was not very encouraging because there were two great objections in 1909 to small patrols of girls hanging on the Scout Troops. On the one hand, the public disapproved thinking it unsafe for girls and on the other the Scouts themselves did not want girls.

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*V.R. Ganathay, LT (S)*

Former Joint Director
NHQ, New Delhi

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## Upcoming Events

### International Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Name of Event/Course</th>
<th>Venue</th>
<th>Circular No. Date</th>
<th>Last date of Application</th>
</tr>
</thead>
<tbody>
<tr>
<td>23rd to 29th Jan. 2019</td>
<td>10th National Scout Jamboree, Bangladesh</td>
<td>Gazipur, Bangladesh</td>
<td>80/31st Aug. 2018</td>
<td>25th October 2018</td>
</tr>
<tr>
<td>2nd to 8th Feb. 2019</td>
<td>21st International Adventure Programme</td>
<td>NAI, Pachmarhi (M.P.)</td>
<td>73/21st Aug. 2018</td>
<td>31st December, 2018</td>
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### National Events

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</thead>
</table>

### National Adventure Programme, Pachmarhi from Nov. 2018

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name of Events</th>
<th>Days</th>
<th>Month</th>
<th>From</th>
<th>Reg. Fee</th>
<th>Dev. Fee</th>
<th>Camp Fee</th>
<th>Total Fee</th>
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<tbody>
<tr>
<td>1</td>
<td>391st NAP</td>
<td>07</td>
<td>Nov.</td>
<td>12th to 18th Nov. 2018</td>
<td>200.00</td>
<td>300.00</td>
<td>3000.00</td>
<td>3500.00</td>
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<tr>
<td>2</td>
<td>392nd NAP</td>
<td>07</td>
<td>Nov.</td>
<td>26th Nov. to 02nd Dec. 2018</td>
<td>200.00</td>
<td>300.00</td>
<td>3000.00</td>
<td>3500.00</td>
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</table>

### Adventure Programme, NYC, Gadpuri from Nov. 2018

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Days</th>
<th>Month</th>
<th>From</th>
<th>Reg. Fee</th>
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<tbody>
<tr>
<td>1</td>
<td>05</td>
<td>Nov.</td>
<td>12th to 16th Nov. 2018</td>
<td>100.00</td>
<td>200.00</td>
<td>2200.00</td>
<td>2500.00</td>
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<tr>
<td>2</td>
<td>05</td>
<td>Nov.</td>
<td>26th to 30th Nov. 2018</td>
<td>100.00</td>
<td>200.00</td>
<td>2200.00</td>
<td>2500.00</td>
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</table>
Scouts of Southern Railway presenting Cheque to Hon. Chief Minister of Kerala for rehabilitation of Flood affected Indian delegates at 9th APR Youth Forum

International Day of Girl child observed by Tamilnadu

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