Tribute to
Bharat Ratna
Atal Bihari Vajpayee
Former Prime Minister

25 December 1924 - 16 August 2018
Glimpses of World Scarf Day
THOUGHT FOR THE MONTH
“A very great step to success is to be able to stand disappointments.
“सफलता के लिए बहुत बड़ा कदम निराशाओं का सामना कर लेना है!”

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THE BHARAT SCOUTS AND GUIDES
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I am delighted to learn that my call for developing skill India programmes by the National Headquarters of the Bharat Scouts and Guides in my address during Golden Arrow Award Presentation Ceremony held at the National Headquarters of the Bharat Scouts and Guides on 20th May 2018 is becoming fruitful.

With special efforts made by Dr. K.K. Khandelwal, Chief National Commissioner the first step in computer literacy programme in rural India by the Bharat Scouts and Guides is becoming fruitful. A pilot project with a mobile computer lab will start functioning in the rural areas of Haryana.

This is the first step of the Bharat Scouts and Guides towards Skill India and Digital India. The success of this initiative will help us to take this work forward.

We have to make effective steps towards membership in the movement, by which we will be able to bring the goodness of scouting among more young people.

I wish that we will receive full support from all the State Associations in this task.

With Scout Guide Greetings.

Dr. Anil Kumar Jain
National President
It gives me immense pleasure to announce our first achievement in organizing skill development programme. Bharat Scouts and Guides entered into a memorandum of understanding with HP India Sales (Pvt) Ltd., a premier software company and an initiative of corporate social responsibility of UNOMINDA & SPARK MINDA group to promote and ameliorate the computer literacy for scouts and guides in rural India.

This pilot project to educate the rural youth will be implemented in the state of Haryana with the base of the mobile computer vehicle at our National Youth Complex, Gadpuri (Palwal). The success of this project will bring more partners to the Bharat Scouts and Guides for skill development programme in an organized manner with certification leading to employment opportunities.

National Youth Complex is already a partner with the Mahindra Telephones under corporate social responsibility for tree plantation with sustainable irrigation. We are planning to integrate the skill development programme with formal accreditation system to create better employment opportunities for scouts and guides.

To make all these programme successful, our grassroot level functioning has to be strengthened.

With scout guide greetings.

Dr. K. K. Khandelwal, IAS(Retd)
Chief National Commissioner

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मुख्य राष्ट्रीय आयुक्त
A movement dedicated to development of young people as contributing citizens completed its hundred and ten years. This is an opportunity to revisit its fundamental and understand why it is more important today than in 1907.

Three fundamental principles of this movement have its strong foundation. 'Duty to God' gives spiritual powers to a person who serves mankind. Every religion propagates service to mankind is service to God.

'Duty to others' makes one to think beyond himself or herself and direct all his/her actions with love. The movement's contribution in developing billions of young people to contribute to the society made its existence all over the world in 162 countries.

'Duty to self' has a wider meaning than its literary sense. The contribution of Scout Movement and its educational purpose and methods have contributed immensely for self-development. These developments were made through scientifically developed educational objectives looking to the needs and aspirations of the ever changing needs of the youth.

Every generation needs spiritual orientation with strong will to serve the community by making oneself empowered with skills, knowledge and attitude.

The movement has contributed immensely to this cause that makes our one hundred and ten years movement historic.

Editor
International Nomads Camp 2018 at Astana, Kazakhstan

Nomads special camp 2018 which was held in Akkol locality near with Astana city, Kazakhstan. The difference from other camps was in unique format. Participants stayed in the traditional Kazakh Yurts. During the camp Participants made different quests, tasks, activities and earn the points. They tried different activities of Nomad people like fight on swords, traditional game asyk, learned to make traditional Kazakh bred–baursak. Also there were games on team building like blind maze, swamp, crossing and pendulum. Participants (Scouts) also prepared evening performance (like campfire) with acting, singing a song, dance and their other talents. Every evening camp participant and their leaders (Sardars) gathered near with big campfire circle to play the games and sing songs. As a one of the nomad’s tradition, kids held a fair and sale their services or things which they did. In that fair there was special “money” Nomad coins, Groups earned them and in the evening they participated in auction and bought for the earned nomads coins different sweets or services like song from the Camp Director, Staff members or Participants. Last day was the conclusion of big game and Participants chose their Khan (overall Hero of the Camp) from each group and prepared Election Company for them. Each Khan showed their strong side and why others have to vote to him. In the end Participants voted to the most deserved Khan and they made traditional inauguration ceremony “Khan koteru”. Camp was fun for Scouts, their leaders and International Staff. They were divided into 3 Taipa (Groups). And each Taipa divided into Top. In each Top was about 10-14 Participants. In total in each Taipa was 2 Tops and from 20 til 30 Participants. Boys and Girls were participating together in all the activities of the camp & master classes. The format of Nomads camp is unique, because all activities and games were based on legend, there was Khan who wanted to give his throne to a decent receiver, was Aldar Kose, who played a role of bridge between camp participants and Khan even Scout leaders called themselves as a Sardar, which means Khan’s warrior.

It was really a great honour to be the International Volunteer from Bharat Scouts and Guides India, in the Nomads Camp 2018 of Kazakhstan Scouts.

Report from: Haroon Malik

Asia Pacific Regional Workshop on Youth Involvement, Melbourne, Australia

The Asia Pacific Regional Workshop on Youth Involvement was hosted by Scouts Australia from 7th to 10th July 2018 at Pax Hill Ballarat in Melbourne, Australia. A total of 39 participants and 15 staff members participated from 19 countries. From India Ms Lalfamkimi of Mizoram and Mrs. Kempi Pakam, of Arunachal Pradesh participated.

Working together with team mates of different nationalities provided an opportunity to brainstorm, share ideas, and highlight the diversity in our experiences.

Workshop commenced with an ice-breaker that required the participants to line up and offer prayers to the Holy Fire in Australian tradition followed by the Australian National Anthem and Integration Session. Then inaugural function was led by young Scout and Guide of Victoria, Australia.

The main objectives of the workshop were:- to involve and empower them in decision making, to ensure the youth involvement at all levels, to provide them right directions and to create a collaborative environment between the youth.
and adults in the movement.
In puts on What is Vision 2023, Strategic Priorities, Leaders of Innovation, What Scouting gives young people, Scout Method, Where does Youth for a better world fit in Scouting, an adults perspective, a young person's perspective, the benefits of intergenerational activities- learning from each other, Youth Involvement at WOSM and APR decision making, developing a national youth involvement policy, Better World framework, WOSM programmes, WOSM partners and intergenerational exchange etc.
Each group covered the action learning topics:- What tools and processes should be in place to support personal learning for young people involved in decision making at all levels, How to prepare young people for Youth Forums and Scout Conferences, How to encourage young people to be involved in all levels of the organisation? What are the mechanisms to put them in place - nomination, application, democratic process or appointment, World Scout Conference and World Scout Youth Programme Revolution Consultation and updates, How should we increase youth involvement in the region, is it timely for APR to develop a "specific guidelines for adult leaders" and "specific training" to support young people's involvement in decision making, What should be included in the training programme for adults and young people to support Youth Involvement, What materials may be helpful to promote and support the implementation of Youth Involvement, Should the 1979 Conference resolution to include in NSO delegations to World Conference at least one young adult qualified by experience be reviewed, How to encourage leadership in NSO to support World Scouts Youth Involvement Policy and youth empowerment.
Participating NSOs presented the Mementoes to the host country. Participants from India and Pakistan presented Bhangra which was joined by all present.
WOSM Service Model and Youth Involvement at WOSM and APR were presented.
The Workshop recommended:
(1) Importance and necessity of sending young Scout members to the World Scout Conference,
(2) To ensure level of youth involvement is not decreased at least half of all delegates sent by each NSO should be under the age of 30.
(3) To increase the level of youth involvement in the APR Sub-committees.
(4) To focus on developing Youth involvement and Youth Empowerment in the region.
(5) To better implement youth involvement with adequate adult support.
(6) To better implement youth involvement in decision making.
(7) To provide better youth recognition.
The certificates of participation were awarded to each participants at a grand Closing Ceremony.

Report From:
Kempi Pakam
Dialogue for Peace Facilitator’s Training for Asia-Pacific Region

World Organisation of Scout Movement Asia Pacific Regional Support Centre along with KAICIID (KING ABDULLAH BIN ABDULAZIZ INTERNATIONAL CENTRE FOR INTERRELIGIOUS AND INTERCULTURAL DIALOGUE) organised Dialogue for Peace Facilitator’s Training for Asia-Pacific Region hosted by Myanmar Scouts from 22 – 25 July 2018 at Gold Camp, Naypyitaw, Myanmar. 34 Scouts from Myanmar Scouts and 16 Scouts from 13 NSO’s of Asia-Pacific region has participated in this event including India. The workshop was basically on training the young people to facilitate and promote the Dialogue for Peace Programme which was initiated with WOSM in partnership with KAICIID to create a better world through Dialogue for peace which is one of the initiatives of WOSM Better World Programmes. This programme empowers Scouts to promote Peace through Dialogue with more than 50 million Scouts members around the world; Dialogue for Peace programme enhances dialogue values for Scouts of different ages to understand the conflicts situations and how to handle the conflicts situation around them through dialogue.

The workshop was inaugurated by Mr. Peter Blach, Member of the World Scout Committee, Mr. J. Rizal C. Pangilinan, Regional Director of WOSM /APR, Dr. Tin Nyo, Chief Scout of Myanmar Scouts and Mr. Anas Alabbadi, Chief, Global Practices Hub of KAICIID.

Sarathraj of the Bharat Scouts and Guides, National headquarters has been selected by Asia-Pacific Regional to undergo the facilitator training process of the programme and facilitate the workshop, he also promise to take the lead for initiating the Dialogue for Peace programme in India with Scouts and Guides of the Bharat Scouts and Guides and make them “ambassadors of Dialogue for Peace”.

#Dialogue4Peace
Peace Music Concert

Cover Image Description: Image shows a group of people gathered for the Dialogue for Peace Facilitator’s Training event.

Image 2 Description: Image shows a group of people participating in activities related to the Dialogue for Peace Facilitator’s Training event.

Image 3 Description: Image shows a group of people celebrating and enjoying the Peace Music Concert.

Image 4 Description: Image shows a group of people engaged in various activities at the event, possibly related to training and promotion of peace through dialogue.
17th Nippon Scout Jamboree-2018

“Learning is a part of Life”. Books, friends and social media give us knowledge. But Jamboree gives us the experience of learning and keeps us socially open with other people sharing Culture, Tradition, Language and friendship.

Having good memories of the ANA services, we started a journey from Tokyo to Suzu City (place of Jamboree Site). Music and dance in the journey made it more memorable. We being Scouts & Guides did not mind about the weather, and went on building our tents. 13,000 Scouts and Guides made my mind flash with energy and I started making new friends. Japan is called the country of the rising sun and experienced this quote practically. Adventure being the theme, our sub camp gave us an opportunity to showcase our talent in various activities which was hidden in us. “Clean and Green” campus made us more attractive towards it.

Rock climbing, river rafting, Bubble soccer, Golf and many more activities, and exhibition of different types of cultures inspired us. It was fun learning few words of the language like Konachiva (Hello), Sayonala (Bye) Kooda Sai (Please). The pleasant smile made our morning more cheerful friends. Their mind blowing inventions made me creative. Inspired at the culture and tradition I feel like going to Japan again. The prince of Japan motivated us by his “Inspiring” speech. The military forces, as well the first Aid team helped us in various ways.

The Nippon Jamboree helped us to develop our skills through various activities which we enjoyed a lot.

Maithrai B.B.
Bethany English Medium High School
Panglai, Dorbe, Puttur D.K. Karnataka

TREKKING TO KILIMANJARO

Only Two Candidates from India Mr. G. Bhavani Shankar (Rashtrapati Scout) and Mr. P. Prasanna Kumar (Scout) of Guntur District, Andhra Pradesh have ascended Kilimanjaro, the highest mount in Africa and the Fourth Highest of the seven summits from 24.07.2018 to 06.08.2018. It is considered the tallest freestanding Mountain in the world. They are also going to climb Mount Elbrus in Russia in the upcoming mountaineering event (date yet to be fixed).

Daily Jungle trek and Rock Trek in the Morning time (08 AM to 04 PM), Snow trek in the night time (from 10 p.m. to 05 a.m.) a total of 5895 metres of peak trek was completed by the two candidates successfully.

They have also attended National Adventure Camp at Pachmarhi, M.P and Basic Course at Jawahar Institute of Mountaineering and Winter Sports (JIM) in Jammu and Kashmir.
Regional Events

Eastern Region
Regional Level Workshop on “Free Being Me”
Regional Level Workshop on “Free Being Me” was conducted at RDH+ High School Rajgir, Nalanda, Bihar from 11th to 13th July, 2018. 48 Scouts and Guides from Bihar, East Central Railway and Jharkhand participated. On 11th, the workshop was inaugurated by Shri Sanjay Kumar, Chief Guest and Sub Division Officer. Shri Shriniwas Kumar, State Secretary and other dignitaries were present during the inaugural function. The sessions included pledge, media detectives, personnel challenge, breaking news on body confidence, Magazine cover and personnel challenge friendship note of Scout and Guide. Cub Bulbul activity- pelage song with game, real role model etc. were organized. The workshop was conducted under the leadership of Miss. Ruby Parbat, ROC (G), Eastern Region with the help of experienced staff members.

Southern Region
Pre-ALT (Scout Wing) Course
Pre-ALT (Scout Wing) Course was conducted at STC, Doddaballapur, Karnataka from 18th to 22nd July, 2018 in which 38 participants from Karnataka and Telangana state participated. During the camps 38 Adult Leaders took part in Free Being Me activities which were conducted by Shri Arun Chandra Patar, ADSR and Ms. Kriti Chandwani, ROC (G), SR FBM Trainer. Different activities such as what is Free Being Me, Pledge, Image Myth, Cost of Image Myth, Airbrushing, Mirror-Mirror, Personal Challenge, Action Plan etc. were discussed with the participants of Pre-ALT Course.

Regional Level Disaster Management and Preparedness Course
The Regional Level Disaster Management and Preparedness Training Course was conducted at State Headquarters, Chennai Tamilnadu from 1st to 5th July, 2018 in which 88 Rovers, Rangers and Unit Leaders from five states participated. Dr. P. Mani, President Tamilnadu Bharat Scouts and Guides inaugurated the camp on 01st July, 2018. Session on HAM, Knowledge on Civil Defense, Fire and Ambulance Service, Accident prone areas, Medical Fist Response and demonstration were the highlights of the day. The Unit Leaders of the course took an input session on Fee Being Me and its initiatives.

Mr. Lawrence & Mr. Subramaniyan arranged a session on blood donation. During the course Swachh Bharat Abhiyan was organised at Mamalapuram where Rovers, Rangers and Unit Leaders as well as staff actively participated in cleaning Heritage Site at Mamallapuram. Shri Vivek Dhandav inaugurated the Grand Campfire.

The valedictory function of the Regional Level Disaster Management and Preparedness Training Course was held on 5th July, 2018. Dr. Harish L. Metha, State Commissioner (S), Tamilnadu BS&G was the Chief Guest and gave away the certificates to the participants. Ms. Kriti Chandwani, ROC (G) Southern Region was the Leader of the Course.

North East Region
Regional Level Cub Bulbul Utsav
The Regional Level Cub Bulbul Utsav of North East Region was organized by the Bharat Scouts and Guides, Regional Headquarters, Guwahati at South Point School, Barsapara, Guwahati, Assam from 25th to 29th July, 2018 in which 133 participants from five States participated. The camp was conducted under the leadership of Ch. Birendra Kumar Singh, Regional Organising Commissioner (Scout), North East Region, with the assistance of invited Staff from other States. The Utsav was inaugurated by Mrs. Mandira
Chanda, Principal, South Point School by lighting the lamp and she blessed the participants. Mr. Khagendra Nath Das, State Secretary, Mrs. Leena Dutta, SOC (G) and other dignitaries of Assam State Bharat Scouts and Guides were also present in the Inaugural Function and blessed the participants. Competitions in Drawing, Painting and Story Telling were conducted followed by sing song.

Activities such as Inspection, Prayer & Flag, Cub Greeting, Competitions in Bulbul Tree, Model-making using clay, Play Acting, Red Flower, Kalrav and Group Song were conducted.

A Short Hike to Assam Police Battalion campus, and Assam Cricket Stadium at Barsapara in Guwahati were organized besides Free Being Me activities with the Cubs and Bulbuls during the event.

Mr. Khagendra Nath Das was the Chief Guest of the Valedictory function. Mr. Ambika Prasad Sharma, Jt. State Secretary of BSG Assam was the Guest of Honour.

The Cubs and Bulbuls presented colourful programmes including Skits and Drama during the function. Shield / Prizes to the winners of all the competitions including Best Camper Cub and Best Camper Bulbul were distributed during the function by the Chief Guest and Guest of Honour.

All Faiths Prayer Meeting was conducted on 29th July, 2018.
WOSM/ WAGGGS Initiatives

NORTHERN REGION

REGIONAL LEVEL ToT WORKSHOP ON FREE BEING ME

“Regional Level ToT Workshop on “Free Being Me” of Northern Region” was organised at Bharat Scouts and Guides, State Training Centre, Allahabad, Uttar Pradesh from 11th to 13th July, 2018 in which 44 participants from Uttar Pradesh and N.E. Railway participated.

Objectives of the Workshop and Introduction of “Free Being Me” were dealt with the participants. Before beginning the Activity session, one of the participants set up the Group Guidelines. The following FBM Activities were completed during the Workshop i.e. Beauty around the World, Defining the Image Myth, Where does the Image Myth come from, Airbrushing, spot the Difference, Cost of the Image Myth, Media Detectives, Breaking News on Body Confidence, Magazine Cover, Friendship note, Friendship Mission: Connect, Beauty Bubbles and Quick Come back, Mirror – Mirror, No More Body Talk, spread the Word, and Take Action Project etc.

Ms. Kamini Shrivastava, S.O.C. (G) and Mr. R.S. Hanspal, S.O.C. (S) Uttar Pradesh State Bharat Scouts and Guides were present at the workshop as supporting staff. The “Regional Level ToT Workshop on Free Being Me of Northern Region” was co-ordinated by Ms. Shivangi Saxena, R.O.C. (G), NR who was also the Leader of the Workshop.

Southern Region

Regional Level Workshop on Free Being Me

Regional Level Workshop on “Free Being Me” was conducted from 08.07.2018 to 10.07.2018 at DTC, MIRS, Maharshi District, Tamilnadu from 08th July to 12th July 2018 in which 45 participants from 7 States participated. Session on Objectives of Free Being Me was taken up by Ms. Kriti Chandwani, Leader of the Course. Participants prepared the Free Being Wall where everyone, patrol-wise presented Image Myth, Drawings (descriptions) and FBM activities.

Odisha

1st State Level Workshop on “Free Being Me” for unit leaders was conducted at State Headquarters complex, unit-3, Bhubaneswar on 26th to 27th July 2018 in which 50 participants participated. “Free Being Me” is a badge program designed to help us realize our vision. It is based on the latest research into how to increase young people’s body confidence through fun, non-formal educational activities. The World Association of Girl Guides and Girl Scouts (WAGGGS) & Dove (A leading personal care brand with a long-standing commitment to improving the body confidence & self-esteem of women) are working together because they share the same vision of a world free from appearance-related anxiety for girls. So the workshop is being conducted mainly to empower our scouts & guides, Non – Scouts & Guides to reach their full potential, and not be held back by low body confidence. Smt. Anamika Das, SOC/STC (G) of Odisha State Bharat Scouts and Guides & FBM State Trainer, was the Leader of the Workshop and also other invited FBM Trainer members.

2nd State Level Workshop on “Free Being Me” for unit leaders was conducted at Govt. Womens’ College, Puri on 30th to 31st July 2018 in which 52 participated in the workshop. “Free Being Me” is a badge program designed to help us realize our vision. It is based on the latest research into how to increase young people’s body confidence through fun, non-formal educational activities. The World Association of Girl Guides and Girl Scouts (WAGGGS) & Dove (A leading personal care brand with a long-standing commitment to improving the body confidence & self-esteem of women) are working together because they share the same vision of a world free from appearance-related anxiety for girls. So the workshop is being conducted mainly to empower our Scouts & Guides, Non – Scouts & Guides to reach their full potential, and not be held back by low body confidence. Shri Anil Kr. Mohanty (E.T Of OSBSG & FBM State Trainer).
World Environment Day

A Tree Plantation Drive was organised by Karnataka State Bharat Scouts and Guides, Hassan District Association.

A Tree Plantation Drive was organised by N.F. Railway, Hqrs. District Association organised the 7th District Rally held at Netaji Vidyapith Railway H.S. School, Maligaon. In this Rally 350 Scouts, Guides, Rovers, Rangers, Unit Leaders and District officials participated. The theme of the Rally was Go Green With Green. In this Rally many competitions, activity, Rally & Tree Plantation programmes were organised. The Vice President & State Chief Commissioner of N.F. Railway BS&G distributed the prizes of the Rally.

Odisha
Van Mahotsav Week 2018 was observed by Odisha State Bharat Scouts & Guides on 7th July, 2018 in which 250 Scouts, Guides, Rovers, Rangers, Scout Masters, Guide Captains & Headquarter staff participated. The event was inaugurated by Honorable Governor Shri Ganeshi Lal, State Chief Commissioner Shri Kali Prasad Mishra & State Secretary Shri Rama Murli Dora. Different districts i.e. Angul, Bolangir, Bhubaneswar,Cuttack, Dhenkanal ,Ganjam, Gajapati, kendrapara are observed “Van Mahotsav Week” from 01.07.2018 to 07.07.2018. Awareness Rally on “Van Mahotsav” was organized in the locality & also plantation done by the Scouts & Guides.

World Environment Day was observed in all districts every year but this year the Day was observed in collaboration with “PRERANA” with the theme “Stop Plastic suffocation”. The day was observed in a unique manner by 200 Scouts, Guides, Rovers, Rangers and Adult Leaders. All the members present have joined their hands for this global celebration by taking pledge to contribute to climate change & prevent environmental degradation.

Southern Railway
VOC Scout troop & Jhansi Rani Guide company conducted Drawing competition for students of Silver Jubilee Hr. Sec. School, ICF on 28th July, 2018 in connection with the World Nature Conservation Day. 27 saplings were planted in the School premises.

Western Railway
A Tree Plantation Drive was organised by Western Railway State Bharat Scouts and Guides, Mumbai District Association at State Training Centre, Gholvad on 22nd July, 2018. 80 saplings were planted and tree guards were provided. 58 Scouts, Guides, Rovers, Rangers along with unit leaders participated under the leadership of Shri Vinod Kumar Tiwari, DTC (S)/Mumbai District.

A Tree Plantation Drive was also organised at Chopal Railway Station on 26th July, 2018. 250 saplings were planted. More than 33 Scouts, Guides, Rovers, Rangers along with unit leaders took part under the leadership of Shri Jamil Miya, Scout Master, Mumbai District.
World Scarf Day

Assam

World Scarf Day was celebrated at Jawaharlal Nehru College, Boko on 1st August, 2018. The College Students and Teachers along with the Scouts and Guides of the College took part in the Celebration. On that Occasion the students and Teachers cleaned the College Campus and many other activities were also undertaken including a public awareness rally about the World Scarf Day.

Eastern Region

World Scarf Day was celebrated by all the regional staff at Eastern Regional Headquarters, Ganganagar on 01st August 2018. Ms Ruby Parbat, ROC(G) presented scarf to Mr. Ashok Pal, local person and the staff planted few plants around the regional headquarters. Participants of Regional Level Handicraft and Vocational Course was held at Vishakhapattanam, East Coast Railway, in connection with World Scarf Day on 01st August 2018.

East Coast Railway

Khurda District Association celebrated World Scarf Day on 01st August 2018 in their district with 50 Scouts, Guides and Rangers under the leadership of Mrs Ashraf Zamali, STC (G).

Eastern Railway

World Scarf Day was celebrated by Malda District Association, Eastern Railway on 01st August 2018 at DRM Building, Malda. 25 Scouts & Guides and Officials were present to present the scarf. On 01st August 2018, Engineering Group, Andal celebrated World Scarf Day in their district association. 20 scouts & guides participated in the programme.

Bharat Scout एवं Guide जहानाबाद के नेतृत्व में जिला प्रशासन के कार्यकर्मी में स्काउट गाइड टीम के साथ “विश्व स्कायर्ड दिवस” 1 अगस्त 2018 को मनाया। तत्पश्चात श्री आलोक रंजन घोष, जिला पदाधिकारी, श्री परिवर्ता कुमार, अनुमंडल पदाधिकारी तथा श्री विद्यासागर सिंह, जिला शिक्षा पदाधिकारी के साथ मिलकर स्काउट एवं गाइड ने पर्यावरण ध्यान के लिए क्षेत्रोपरण का कार्य हीरोंसी परिसर व समाहरणालय परिसर जहानाबाद में किया।

विहार

भारत स्काउट एवं गाइड जहानाबाद के नेतृत्व में जिला प्रशासन के कार्यकर्मी में स्काउट गाइड टीम के साथ “विश्व स्कायर्ड दिवस” 1 अगस्त 2018 को मनाया। तत्पश्चात श्री आलोक रंजन घोष, जिला पदाधिकारी, श्री परिवर्ता कुमार, अनुमंडल पदाधिकारी तथा श्री विद्यासागर सिंह, जिला शिक्षा पदाधिकारी के साथ मिलकर स्काउट एवं गाइड ने पर्यावरण ध्यान के लिए क्षेत्रोपरण का कार्य हीरोंसी परिसर व समाहरणालय परिसर जहानाबाद में किया।

राजस्थान

राजस्थान राज्य भारत स्काउट्स एवं गाइड्स जिला
All the Southern Regional States of the Bharat Scouts and Guides celebrate the event at all levels. A few Units of Kerala State BSG has celebrate the event by participating in the Traffic Awareness Programme led by Mr. Subramaniam (Subu) specially for the pedestrians. Regional Headquarters Staff and Karnataka State Headquarters Staff also celebrated the event.

Uttar Pradesh
World Scarf Day was celebrated at the Parliament House, New Delhi. Dr. Anil Kumar Jain, National President, Bharat Scouts and Guides was presented with BSG Scarf by a group of Scouts and Guides from Uttar Pradesh State. Dr. Sanjeev Baliyan, Member of Parliament and Minister was the Guest of Honour on the occasion.

West Bengal
6th East Calcutta Khanna High School Scouts Group observed the World Scout Scarf Day on 1st August 2018. They repeated the Scout promise together with their Scout Master and school teachers. Young leader, Mr Rajib Singh took the initiative to celebrate this auspicious day with 50 Scouts.
ONE CRORE STEPS FOR ROAD SAFETY

In collaboration with Ministry of surface transport, D25 a NGO is promoting Traffic Safety Awareness across the country. Mr. Subramanyam Narayan is undertaking walkathon for Kanya Kumari (28th July 2018) to Jammu (1st Oct. 2018).

The Bharat Scouts and Guides state association enroute the walkathon are participating in the event to create road Safety Awareness.

1. Scouts and Guides of Kanya Kumari and Nayancoil districts joined the opening day events.
2. The walkathon was welcomed of Trivandrum district on 20th July 2018.
3. Attingal district organised an awareness rally with 200 Scouts and Guides in the town in 30th July 2018.
4. Kollam district made awareness programme in the present of the walkathon 30th July at Thattamala.
5. Ernakulam district Association participated in the promotional events at Ernakulam and part is walkathon. Wide video coverage was received in News Channels of Kerala.
"Swachh Bharat Abhiyan"

Arunachal Pradesh
90 Scouts and Guides of Govt. HSS Roing, Mayu and Govt. SS Cheta Lower Dibang Valley district rendered mass cleanliness drive at fire accident area in the market under the leadership of Somit Mena, Distt. Trainer & Organiser, Scouts & Guides along with the Scouters and Guiders. The Scouts and Guides fraternity of the State has appreciated his leadership in instances of social work.

Karnataka
Karnataka State Bharat Scouts and Guides conducted “Swachh Bharat Abhiyan” at Davangere, Hassan, Kolar, Chamarajanagar and Mysuru districts during the month of July, 2018. All the Scouts, Guides, Rovers, Rangers and Unit Leaders participated in community development in their residential areas, colonies, Temple areas, Railway Stations, School campus and public areas. They have actively participated in cleaning work.

Nagaland
Corner Stone School of Scouts and Guides, Zunheboto district organised Swachh Bharat Abhiyan at the District ground.

N.F. Railway
N.F. Railway BPB District Association was conducted a Swachh Bharat Abhiyan activity at Railway H.S. School on 21st July, 2018. In which 60 Rovers, Rangers and Unit Leaders participated.

Odisha
Swachh Bharat Abhiyan was organised by Odisha State Bharat Scouts and Guides at Bhubaneswar, Khordha, Ganjam, Puri and Sundargarh Districts in which 259 Scouts, Guides, Rovers, Rangers and Unit Leader participated. Participants participated in community development in their residential areas, colonies, Temple area, Railway Station, School campus and public area etc. All the participants have actively done cleaning work & also created awareness in the locality.

Western Railway
An Awareness Rally on Swachta Abhiyan was organised by Western Railway State Bharat Scouts and Guides, Ratlam District Association on 21st July, 2018 in which 65 Scouts, Guides, Rovers, Rangers and Unit Leaders participated. The participants carried banners and placards with “Say No to Plastic” during their route march.
Reports from States

Andhra Pradesh
Shri Vuppala Phaneendra Kumar, HWB (S) and Scout Master, received State Level Excellent Performance Award from the Hon’ble Chief Minister of Andhra Pradesh Shri N. Chandrababu Naidu, at Prajavedhika, Undavalli, Amaravathi (A.P) on 25th July, 2018.

Assam
State Level Free Being Me Camp organised by the Bharat Scouts and Guides Assam State at Hojai College from 26th to 30th July, 2018. The participants were from Rupahi College, Rangiya College, Bobboha High School, Hojai and Hojai College in which 22 Rovers and Rangers participated. The camp was conducted under the able leadership of Mr. Ranjit Das, FBM Trainer of Assam State assisted by Dr. Abhijit Kataky, RSL Hojai College and Dr. Caroline Basumata, Ranger Leader of Hojai College.

Arunachal Pradesh
The Bharat Scouts and Guides Arunachal Pradesh State Headquarters conducted the State Level Rajya Puraskar Award Testing Camp at State Training Centre, BSG, Polocolony, Naharlagun, Arunachal Pradesh from 24th to 28th July 2018. More than 60 Scouts and 50 Guides attended the Testing Camp from Tawang, Bomdilla, Papumpare, Kurung Kumey, Lower Subansiri, Upper Subansiri, Upper Siang, Siang, West Siang, Lower Dibang Valley, Changlang, Lohit, and Tirap. State Head Quarters Officials SSO, SGO, STC (G) along with District Officials from the District smoothly conducted the Testing Camp. State Secretary BSG, appealed the Scouts and Guides to be a useful Citizen through the Scouting / Guiding, which is only the most discipline organisation in the world.

Goa
KARGIL VIJAY DIWAS OBSERVED IN PANAJI
The Bharat Scouts and Guide Association, Tiswadi in association with Abhimanas Foundation,
Kolhapur, Jagrut Nagrik Manch, Vasco and the Department of Sainik Welfare, Panaji organized a function to commemorate ‘Kargil Vijay Diwas’ at Azad Maidan today.

Brig. A.K. Sharma, Commandant of 2 Signal Training Centre (2STC), Panaji, Col. Arun Sejwal, Deputy Commandant of 2STC, Major Venugopal Nair (Retd.), Secretary, Department of Sainik Welfare, Panaji, Shri. John Aguiar, Information Officer, Department of Information and Publicity who is also the District Chief Commissioner of Bharat Scouts and Guides, Tiswadi, Ex-Servicemen, Guides of Our Lady of Rosary High School, Dona Paula along with Guide Captain Smt. Sunaina Shet were present on the occasion.

While addressing the gathering, Brig. Sharma told the students that this is an important day in the history of India as on this day the Army proved that our country is a peace-loving Nation. “Today is a day to remember the Martyrs of Kargil War. It’s because of their sacrifices, we are leading a peaceful life,” he said. He opined that Kargil success stories should appear in the school curricular to spread awareness among school children. “It was a very difficult war fought in an equally adverse condition. So, whenever you get a chance to visit Leh-Ladakh, visit the Kargil Memorial and pay homage to those died only to save us,” Brig. Sharma told. He further advised the girl students to join Indian Army and experience a patriotic life and an amazing career where one can serve the Nation.

The program was attended by officers, J CO, NCO of 2STC Panaji.

Kendriaya Vidyalaya Sangathan

One day camp has been conducted Cubs, Bulbuls, Scout and Guides, for Scouts Pratham and Dwitiya Sopan testing camp organized as per the APRO-II in the Vidyalaya on 21.07.2018.

Karnataka

Community Service camp was organised by the Bharat Scouts and Guides, Kolar District on 8th July, 2018.

The Rajya Puraskar Testing camps for Rovers and Rangers of BSG Karnataka State were conducted from 17th to 21st July, 2018 in which 170 Rovers and 178 Rangers attended.

Punjab

Eight Camps for Scouts, Guides, Rovers and Rangers were organised at STC, Tara Devi (Shimla Hills) in which 1068 participants actively participated in various skill-oriented tests and activities to qualify in different badges.

Three Hiking/Trekking/ Nature Study Programmes were organised at State Training Centre, Taradevi, Shimla in which 205 youth from various schools of the State actively participated & enjoyed the beauty of nature, land & life of local area.

Thirteen Adventure Programmes/hiking and trekking were also organised at Baba Hardyal Singh Natural RE-treat Park, Sheliagaon in which 747 participants from various CBSE Schools, Colleges and Universities enjoyed the activities of the Bharat Scouts and Guides. Punjab is going a long way to promote the Scouting/Guiding at grass root level.

A Rally Against Drug Addiction was conducted by Scout and Guides at SRT DAV Public School, Bilga on 17th July, 2018. In this rally more than 300 students participated. Shri Tapan Bhanot, Tehsildar Phillaur, flagged off the rally. Before the rally, eminent persons club told the gathering about eh ill effects of drug addiction. Shri Ravi Sharma, Principal told the students to channalise
their energy for the development of society and
guide others about this drug abuse. Rally started
from the school and took round of the whole
village to aware the general public about ill
effects of drug abuse.

Meghalaya
A felicitation programme for the Cubs and
Bulbuls of Step by Step School/Unit under the
leadership of Mrs. Shaheen Kharnaidu (Flock
Leader) and Mr. Panborlang Nongkynrih (Cub
Master) who attended the Regional Level
Cub/Bulbul Utsav which was held at South Point
School, Barshpara Battalion Gate, Guwahati from
the 25th to 29th July, 2018. It was a proud moment
for the Meghalaya State Bharat Scouts and
Guides that the Cubs & Bulbuls had achieve
many trophies on various activities held during
the camp. June Odellia Pajuh was awarded the
Best Bulbul of the North Eastern Region.
19th July, 2018 Shri Gary James, Special Officer,
Shri A. Rynkgkai, ASOC (S) and Scoutmaster Shri K.
Lawphnialw visited Ri-Bhoi District Headquarters,
Nongpoh to strengthen the district and to plan for
their District Council and induction of their new
President. They also visited schools to encourage
and motivate them.
27th July, 2018 The Sein Raij School invited
Resource Person from the State Headquarters to
create Awareness to Students and parents of the
School about the Movement to encourage the
school to form a Unit and to increase the census.
During the interaction, the school was greatly
motivated and ready to organize activities.
30th July, The Hill Crest School Rynjah invited
officials from the State Headquarters to create
awareness to parents about the Movement and
to motivate the school to form a Unit and to
increase Census.

मध्य प्रदेश
संभाग मुरैना द्वारा संभाग स्तरीय स्काउट्स-गाइडर
शिक्षा अभियान ‘‘भ.एन.गाइडर मुरैना’’ में दिनों के 16 से 18 जुलाई,
2018 की अवधि में आयोजित की गयी। जिसमें जिला
मुरैना, भिष्णू एवं श्योपुर से 29 यूनिट लीडर्स ने भाग
lिया।
महत्त्वपूर्ण जागरूकता अभियान के अन्तर्गत जिला दर्शिया,
बड़वानी, श्योपुर, शाजापुर, अलीराजपुर, कटनी, सिवनी
एवं सतना में जन जागरण रैली निकाली गई।

Nagaland
Nagaland State Level Executive Meeting was
conducted at Nagaland State Bharat Scouts and
Guides State Headquarters Conference Hall,
Bayavili Hill Kohima on 18th July, 2018.
Two Scouters and Two Guiders from Nagaland
State attended the Regional Level “Free Being
Me” Workshop (North East Region) at Assam State
Bharat Scouts and Guides Headquarters from 12th
to 14th July, 2018.

N.F.Railway
State Level Advance Course for Cub Master and
Flock Leaders was conducted at Sr. Institute, KIR
District Association, N.F. Railway Bharat Scouts
and Guides from 10th to 16th July, 2018 in which 10
Cub Masters and 11 Flock Leaders participated.
State Level Golden Arrow Re-Testing Camp for the
year 2018 was held at Sr. Institute, KIR District
Association, N.F. Railway Bharat Scouts and
Guides from 10th to 12th July, 2018 in which 46
Cubs and 17 Bulbuls participated from N.F.
Railway.
50 Rangers of N.F. Railway Bharat Scouts and
Guides, Alipurduar District Association organised
a water Distribution Programme on the occasion
of Maha Shib Puja at Shib Mandir, near Lenin
Colony Railway Quarter surrounding area on 30th
Around 120 Scouts and Guides along with the
unit leaders of N.F. Railway, APDJ District
Association organised a Foot hike cum Nature
Studiy Programme to improve their Scouting Skill.
Rovers of N.F. Railway APDJ District Association
organised a Debate Competition at Divisional
Scout Hut, Alipurduar Division. In which more than
15 Rovers participated. The Rovers were divided
into three groups for the debate. The subject of
the debate was Population Education, Family Life
Education and Gender Equality. The competition
was held successfully and the Rovers were
learned many thing from the competition.
On 15th July, 2018 N.F.Railway, NBQ District
Association organised Drinking Water Project at
New Bongaigaon Railway Station on platform No.
1 & 3 from 11 am to 4 pm in which 50 Scouts,
Guides, Rovers, Rangers with 10 Unit Leaders supplied cold drinking water about 2000 glasses train passengers.

**Odisha**

Odisha State association of the Bharat Scouts & Guides has organized Social Service camps. Community development is a way of strengthening civil society by prioritizing the actions of communities, and their perspectives in the development of social, economic and environmental policy. The Rovers and Rangers visited nearby villages and arranged health campaigns, sanitation awareness, health awareness gatherings. They even went door to door and created awareness among the residents, which was highly appreciated.

World Hepatitis Day was observed by Odisha State Bharat Scouts & Guides in collaboration with SOA University, on 28th July, 2018 in which 550 Scouts, Guides, Rovers, Rangers and Adult Leaders & State Headquarter Staff participated. As “WHO” and “World Hepatitis Alliance” have announced that the campaign theme for “World Hepatitis Day 2018” will be the “Eliminate Hepatitis” so keeping this in mind Awareness Rally was organized from Ram Mandir to Master Canteen Chhak in the locality in aiming not only to raise awareness among the general public and infected patients, but also to urgently promote improved access to hepatitis services, particularly prevention interventions, by policymakers.

The Basic Training Course for Scout Masters and Guide Captains were conducted at State Headquarters, Unit-3, Bhubaneswar from 21st to 27th July, 2018 in which 31 Scout Masters and 19 Guide Captains participants.

On the eve of Holy Debasnana Purnima a service camp was organized by Odisha State Bharat Scouts & Guides at Jagannath Dham Puri. Service rendered to the pilgrims from morning 7 am to evening 7 pm. They sprinkled water on the pilgrims through the spray machine & also provided drinking water to the pilgrims. First Aid service was also given to the pilgrims those who were getting injured in the rush. 60 Rovers, Rangers & Unit leaders have participated in the Service Camp. District Collector has allotted service areas to the team of Scouts and Guides.

Odisha State Bharat Scouts & Guides have observed the 4th International Yoga Day on 21st June 2018. The day was started with awareness rallies by Scouts/Guides, Rovers/Rangers, Cubs/Bulbuls and Adult Leaders in different districts of Odisha. More than 400 youngsters have joined the Yoga Day observation at State Headquarters. Yoga Awareness Rallies have been organized in different districts and mass Yoga sessions also been organized in Schools of Scheduled Caste Scheduled Tribe Development Department and in general schools by our trained Scout Masters & Guide Captains to mark the day a grand success.

**राजस्थान**

राजस्थान राज्य भारत स्काउट व गाइड जिला मुख्यालय सींकर के पुतळावाथ जिला राजीय स्काउट गाइड खेल प्रतियोगितायें जिला खेल स्टेडियम सींकर में दिनांक 29 जुलाई, 2018 को आयोजित की गई। जिसमें प्रतिभागियों ने ऊँचाई कुद 400 मीटर की दौड प्रतियोगिता में हिस्सा लिया। इस अवसर स्वच्छ भारत अभियान एवं 10 लाख स्काउट गाइड स्कूलों की ओर के अन्तर्गत सुभाष सुयुष्म लोधी औ. गाइड के नेतृत्व में जिला खेल स्टेडियम पर श्रम एवं संघीय भी किया। कार्यक्रम समापन एवं पूर्णकालिक वितरण समारोह में श्री दर्शण कुमार उपलाल, जिला कलेक्टर सींकर मुख्य अतिथि के रूप में उपस्थित थे तथा विजेताओं
State Level Chaturtha Charan/Heerak Pankh Training Camp for Cubs & Bulbuls was organised at Hoskote Camping & Training Centre, Perambur on 21st & 22nd July, 2018 in which 90 Cubs & Bulbuls with 14 unit leaders participated.

Tamilnadu

Bharat Scouts and Guides Maharishi District conducted the Chaturacharan/HeerakPankh Test Camp for Zone-1 at DTC Mirs Camp Site on 3rd & 4th August, 2018 in which 98 Cubs, 85 Bulbuls and 10 Scouters, from Maharishi Vidyamandir Sr. Sec. School Polachery Maharishi attended. Shri D.Poornachandran, LT (C) District Secretary of Maharishi District Co-ordinated the test camp. Shri S. Namasyiviyam, District Chief Commissioner visited the camp.

Bharat Scouts and Guides Maharishi District conducted the Chaturacharan/HeerakPankh Test Camp for Zone-3 at Vidhyalakshmicbse School Gudiyatham on 20th & 21st July 2018 in which 74 Cubs, 34 Bulbuls and 10 Scouters, Guiders from Maharishi Vidyamandir Sr. Sec. School Pudukottai, Maharishi Vidyamandir attended. Shri D.Poornachandran, LT (C) District Secretary of Maharishi District Co-ordinated the test camp.

Maharishi District conducted the Rajyapurskar Test Camp for Zone-First and Third at Maharishi Vidyamandir Sr. Sec. School Irungattukottai from 27th to 29th in which 183 Scouts & 133 Guides and 25 Scouters & Guiders from Seven Maharishi Vidyamandir Senior Secondary School participated.

Tripura

Tripura State Bharat Scouts and Guides render community service at 14th God Temple, Old Agartala from 20th to 17th July, 2018. More than 100 Scouts, Guides, Rovers, Rangers and unit Leaders, District and State Officials render community service day and night.
30th June, 2018.

**West Bengal**

The 21st Rajya Puraskar & State Award Presentation Ceremony of Bharat Scouts & Guides, West Bengal was held at Marbel Hall Raj Bhavan, Kolkata on 27th July 2018. Shri Keshari Nath Tripathi, Hon’ble Governor of West Bengal & President & Chief Patron of Bharat Scouts & Guides, West Bengal presided over the Ceremony and conferred the Awards on recipients.

This year 140 Scouts, Guides & Rovers received Rajya Puraskar Certificates from the Hon’ble Governor. Beside that 20 leaders & well wishers received Bar to the Medal of Merit & Medal of Merit on that Occasion.

The Ceremony started with Scout/Guide Prayer & after that the State Chief Commissioner West Bengal State Bharat Scouts and Guides offered welcome address.

In his speech Hon’ble Governor recall his sweet memory with Scout/Guide Movement. He said that all Scout/Guide must be faithful to the cardinal principles of the Scout/Guide Movement and adhere closely to the three duties Viz- Duty to God, Duty to Country and Duty to Self.

Beside other distinguished Guests Parents & family member of the awardees were present in this ceremony at Marble Hall, Raj Bhavan, Kolkata

The Ceremony ended with National Anthem after Vote of thanks delivered by Dr. (Smt.) Sikha Banerjee, State Commissioner (G).

**Western Railway**

State Level Rashtrapati Award Testing Camp was conducted at District Scout Den, Ratlam from 14th to 18th July, 2018 in which 51 participants from all over Western Railway including staff attended this camp. Subject likes-Mapping, Compass, History of Scouting/Guiding, First-Aid, Estimation etc. Shri A.H. Mirza, SOC (S) was the Leader of the Camp.

The World Population Day was observed by Western Railway Bharat Scouts and Guides Mumbai District at Nandurbar on 11th July, 2018 in which 40 Scout, Guides, Rovers, Rangers and Unit Leaders participated. The Nandurbar Units has performed Rally in all Railway Colonies and gives an awareness.

3rd District Rally of Western Railway Bharat Scouts and Guides, Ratlam District, Association was organised at District Training Centre, Ratlam, from 19th to 22nd July, 2018 under the theme “Say No To Plastic”. More than 65 Scouts, Guides, Rovers, Rangers and Unit Leaders attended this event. District Chief Commissioner & ADRM, DC(S), ADC (S) and other district officials were present in the valedictory function.
Yoga (Indian culture and tradition): for Blissful living

Introduction:
Yoga is essentially a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. It is an art and science of healthy living. The word ‘Yoga’ is derived from the Sanskrit root ‘Yuj’, meaning ‘to join’ or ‘to yoke’ or ‘to unite’.

As per Yogic scriptures the practice of Yoga leads to the union of individual consciousness with that of the Universal Consciousness, indicating a perfect harmony between the mind and body, Man & Nature.

According to modern scientists, everything in the universe is just a manifestation of the same quantum firmament. One who experiences this oneness of existence is said to be in yoga, and is termed as a yogi, having attained to a state of freedom referred to as mukti, nirvana or moksha. Thus the aim of Yoga is Self-realization, to overcome all kinds of sufferings leading to ‘the state of liberation’ (Moksha) or ‘freedom’ (Kaivalya).

Living with freedom in all walks of life, health and harmony shall be the main objectives of Yoga practice. “Yoga” also refers to an inner science comprising of a variety of methods through which human beings can realize this union and achieve mastery over their destiny.

Yoga, being widely considered as an ‘immortal cultural outcome’ of Indus Saraswati Valley civilization – dating back to 2700 B.C., has proved itself catering to both material and spiritual upliftment of humanity. Basic humane values are the very identity of Yoga Sadhana.

A Brief History and Development of Yoga:
The practice of Yoga is believed to have started with the very dawn of civilization. The science of yoga has its origin thousands of years ago, long before the first religions or belief systems were born. In the yogic lore, Shiva is seen as the first yogi or Adiyogi, and the first Guru or Adi Guru.

Several thousand years ago, on the banks of the lake Kantisarovar in the Himalayas, Adiyogi poured his profound knowledge into the legendary Saptarishis or “seven sages”. The sages carried this powerful yogic science to different parts of the world, including Asia, the Middle East, Northern Africa and South America. Agastya, the Saptarishi who travelled across the Indian subcontinent, crafted this culture around a core yogic way of life.

Yoga in Indus Valley Civilization:
The Number of seals and fossil remains of Indus Saraswati valley civilization with Yogic motives and figures performing Yoga Sadhana suggest the presence of Yoga in ancient India. The phallic symbols, seals of idols of mother Goddess are suggestive of Tantra Yoga. The soapstone seals that existed during that period have been found engraved with figures resembling that of a yogi sitting in a yoga-like posture. Originally, yoga started for the betterment of a community rather than the self.

Vedic Yoga:
As per the Vedas, the Vedic Period is the origin of yoga in India. The oldest known yogic teachings are known as Vedic yoga or archaic yoga, and can be found in four Vedas – Rig Veda, Yajur-Veda, Sama-Veda and Atharva-Veda. Rituals and ceremonies associated with Vedic yoga attempt to beat the restrictions of the mind. Hence, Vedic yoga was closely connected with the ritual life of people at that time. Yoga was considered as a way to connect with the invisible world and revolved around a sacrifice – a sacrifice of the self. Sacrificers, for a prolonged period of time, used to focus on just one thing similar to meditation. Thereby, Vedic yoga is considered a root of yoga. A master of Vedic yoga was known as a ‘seer’ – Rishi in Sanskrit.

Classical Yoga:
The period between 500 BC- 800 A.D. is considered as the Classical period which is also considered as the most fertile and prominent period in the history and development of Yoga. During this period, commentaries of Vyasa on...
Yoga Sutras and Bhagawadgita etc. came into existence.

This period can be mainly dedicated to two great religious teachers of India – Mahavir and Buddha. The concept of Five great vows – Pancha maha-vrata by Mahavir and Ashta Magga or eightfold path by Buddha - can be well considered as early nature of Yoga sadhana. We find its more explicit explanation in Bhagawadgita which has elaborately presented the concept of Gyan yoga, Bhakti yoga and Karma Yoga.

Yoga Sutra that standardized the Classical Yoga had been written by Patanjali around second century marks the creation of the classical period of yoga. The word sutra means ‘thread’ and here, it means ‘thread of memory’ in which Patanjali students retain the knowledge and wisdom of Patanjali.

195 aphorisms or sutras make the eightfold path of Yoga that consists of yama (ethical values), niyama (personal observance of purity), asanas (physical exercises), pratyahara (preparation for Meditation), dharana (concentration), dhyana (meditation) and samadhi (ecstasy). Patanjali believed that each individual is made up of matter (prakriti) and spirit (purusha). Through yoga, these two can be separated and spirit is restored in its pure form.

Post-classical Yoga:
The period between 800 A.D. - 1700 A.D. has been recognized as the Post Classical period wherein the teachings of great Acharyatrayas- Adi Shankracharya, Ramanujacharya, Madhavacharya were prominent during this period. The teachings of Suradasa, Tulasidasa, Purandardasa, Mirabai were the great contributors during this period. Post-classical period of yoga had a focus on the present. It consists of all the schools of yoga that came into existence after the Patanjali yoga-sutra. Post-classical yoga, unlike Classical yoga, focuses on the ultimate unity of everything. Yoga took an interesting turn during this period in which the hidden potential of the body were probed. So, a system of practices was designed by Yoga masters to rejuvenate the body. It led to the creation of hatha-yoga that is an amateur version of present day yoga.

Modern yoga:
The period between 1700 - 1900 A.D. is considered as Modern period in which the great Yogacharyas- Ramana Maharshi, Ramakrishna Paramhansa, Paramhansa Yogananda, Vivekananda etc. have contributed for the development of Raja Yoga. This was the period when Vedanta, Bhakti yoga, Nathayoga or Hatha-yoga flourished. Modern yoga is believed to begin with the Parliament of Religions held in Chicago in 1893. There, the young Swami Vivekananda made a lasting impression on the American public.

Different yogas:
Different Philosophies, Traditions, lineages and Guru-shishya paramparas of Yoga lead to the emergence of different Traditional Schools of Yoga e.g. Jnana-yoga, Bhakti-yoga, Karma-yoga, Dhyana-yoga, Patanjala-yoga, Kundalini-yoga, Hatha-yoga, Mantra-yoga, Laya-yoga, Raja-yoga, Jain-yoga, Boudha-yoga etc. Each school has its own principles and practices leading to attainable aim and objectives of Yoga.

International yoga day:
Yoga Day is the Indian government’s most visible initiative supporting and reclaiming India’s traditional culture and presenting it to the world. It shows that the older spiritual idea of India is still strong and is undergoing a resurgence. Yoga Day is likely to continue as a major event for India and the global yoga community for years to come. We should note that yoga with its integral and unitary view of life is in many ways more progressive, global and universal than any other philosophy or ideology today. Yoga is the basis for the true idea of India. It is not a political concept, but the exploration of consciousness as the main cultural value of the country, and goes back thousands of years.

(to be continued........)
Patriotism is one of the noble qualities. It is meant to love one’s own country and feel proud of it. Freedom that we are enjoying today is the result of great sacrifice of the patriots of our country. The depth of sacrifice that was projected by them was beyond words and was selfless.

It happened in 1918. A twelve year old boy born in a village in Madhya Pradesh was in his class in a school. He heard some slogans outside and got permission to see what was happening. A procession of people led by an elderly man was passing on the road. They were raising slogans against the British and the police attacked the members in the procession including the elderly person. The boy saw the police beating the people and the old man severely. The boy could no longer tolerate the attack. He pelted a stone at the police and it hit a police officer badly. The police caught him and next day the police produced the boy before the judge. The judge questioned the boy his name and got the reply `Azad` which means `freedom`. The judge was shocked and asked the boy to tell his father’s name and got an indifferent reply. When asked about his address, the boy preferred to live in `jail`. Then the judge ordered the police to hit the boy twelve times with a wet leather rope by a fat healthy person.

Accordingly the police made him naked and the man started beating. It was so hard that the boy’s skin was cracked. The boy cried out loudly `Vande Mataram` for every beat without any tears. After the twelve beats, the jailer returned the dress to the boy. But the boy could not wear as his body was bleeding severely. He was given twelve paise by the jailer to put a bandage. While rejecting the offer, the boy told him to give the money to Queen Victoria and tell her that it was given by a young Indian Patriot. The boy was none other than Chandrasekhar Tiwari who became popular as the great legend Chandrasekhar Azad. Such were the sacrifices by young and old, men and women, rich and poor without any discrimination to get Freedom which we are enjoying today.

Patriotism is not what the country had done to you but it is what you have been contributing to the country to promote its growth and development. As we got the freedom 71 years ago, our priority now and duty to country is to make it Swatch Bharat – a clean and corruption-free mother land. Our scouts and guides have been doing their best all over the country under Swatch Bharat through participation in many activities. The application of Scout/Guide Law and Promise in our daily life by our scouts and guides will, no doubt, reshape our country. Let us draw inspiration from the great patriots like Chandrasekhar Azad!

-D. R. K. Sarma, LT (C),
South Central Railway.
राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया। राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया।

राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया। राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया।

राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया। राजस्थान स्कॉट्स किंग्ज के माध्यम से भारत स्कॉट्स स्कूल में प्रवेश करने वाले स्कूल के छात्रों के लिए स्वागत किया गया।

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Upcoming Events

International Events

<table>
<thead>
<tr>
<th>Date of Event/Course</th>
<th>Name of Event/Course</th>
<th>Venue</th>
<th>Circular No./</th>
<th>Last date of</th>
</tr>
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<tbody>
<tr>
<td>15\textsuperscript{th} to 20\textsuperscript{th} October, 2018</td>
<td>26\textsuperscript{th} Asia Pacific Regional Scout Conference</td>
<td>Manila</td>
<td>90/18.08.2017</td>
<td>30.09.2017</td>
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<tr>
<td>23\textsuperscript{rd} to 27\textsuperscript{th} December, 2018</td>
<td>GIFTS FOR CHANGE</td>
<td>Sangam, Pune, India</td>
<td>48/10.5.2018</td>
<td>30.09.2018</td>
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National Adventure Programme, Pachmarhi from October-2018

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name of Event</th>
<th>Days</th>
<th>Month</th>
<th>From</th>
<th>Reg. Fee</th>
<th>Dev. Fee</th>
<th>Camp Fee</th>
<th>Total Fee</th>
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<tbody>
<tr>
<td>1</td>
<td>388\textsuperscript{th} NAP</td>
<td>07</td>
<td>OCT</td>
<td>1\textsuperscript{st} to 7\textsuperscript{th} Oct 2018</td>
<td>200.00</td>
<td>300.00</td>
<td>3000.00</td>
<td>3500.00</td>
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<td>2</td>
<td>389\textsuperscript{th} NAP</td>
<td>07</td>
<td>OCT</td>
<td>9\textsuperscript{th} to 15\textsuperscript{th} Oct 2018</td>
<td>200.00</td>
<td>300.00</td>
<td>3000.00</td>
<td>3500.00</td>
</tr>
<tr>
<td>3</td>
<td>390\textsuperscript{th} NAP</td>
<td>07</td>
<td>OCT</td>
<td>22\textsuperscript{nd} to 28\textsuperscript{th} Oct 2018</td>
<td>200.00</td>
<td>300.00</td>
<td>3000.00</td>
<td>3500.00</td>
</tr>
</tbody>
</table>

To attend please inform National Adventure Institute through e-mail- nai@bsgindia.org, apo@bsgindia.org

Adventure Programme, NYC, Gadpuri from July to Sept. -2018

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Month</th>
<th>Days</th>
<th>From</th>
<th>Reg. Fee</th>
<th>Dev. Fee</th>
<th>Camp Fee</th>
<th>Total Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sept.</td>
<td>05</td>
<td>16\textsuperscript{th} to 20\textsuperscript{th} Sept. 2018</td>
<td>100.00</td>
<td>200.00</td>
<td>2200.00</td>
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<tr>
<td>2</td>
<td>Sept.</td>
<td>05</td>
<td>24\textsuperscript{th} to 28\textsuperscript{th} Sept. 2018</td>
<td>100.00</td>
<td>200.00</td>
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<td>100.00</td>
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<td>200.00</td>
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<td>5</td>
<td>Oct.</td>
<td>05</td>
<td>30\textsuperscript{th} Oct. to 03\textsuperscript{rd} Nov. 2018</td>
<td>100.00</td>
<td>200.00</td>
<td>2200.00</td>
<td>2500.00</td>
</tr>
</tbody>
</table>

To attend please inform National Youth Complex through e-mail- nyc@bsgindia.org.
Test your Scouting/Guiding knowledge

(For below 25 years only)

Note: Your answers along with recent passport size photographs should reach us on or before 15th September, 2018.
The names and photos of first five lucky winners with correct answers will be published in the Magazine of September, 2018 issue.

Questions

1. Where the first Indian Scout Troop was formed?
2. Where the first troop of purely Indian boys was formed?
3. Who started a Scout Troop in Shimla?
4. In which year the Calcutta Boy Scout Association was set up?
5. In which year British king George V visited Calcutta?
6. What was the First Scout Magazine Published by the Boy Scout Association?
7. Who was the first Chief Commissioner of Scouting in India?
8. In which year “Girl Messenger Service” was started?
9. Who opened the first company of the Girl Guide in India?
10. Where the first company of Girl Guide started in India?

Education is not the amount of information that is put into your brain and runs riot there, undigested all your life. We must have life-building, man-making, character-making, assimilation of ideas. If you have assimilated five ideas and made them your life and character, you have more education than any man who has got by heart a whole library.

- Swami Vivekananda
H.E. Governor of Odisha inaugurating the National Level Car Festival Service Camp at Puri. Shri K. P. Mishra, National Vice President and SCC Odisha was also present.

Shri N. Chandra Babu Naidu, Chief Minister of Andhra Pradesh felicitating Scouter on Swachh Sarvekshan, 2018 in connection with Swachh Bharat Abhiyan.

H.E. Governor of West Bengal Shri Kesari Nath Tripathi presenting Rajyapuraskar Award.

Guides of Kanyakumari District present on the occasion of inauguration of One Crore Steps for Road Safety on 28th July, 2018.